

SPORTS INFORMATION GUIDE

European Masters Games 2023 offers each athlete the opportunity to compete in a maximum of three sports (five disciplines) at the Games. In athletics in addition it's possible to participate in the relays.

COMPETITION DATES

	4.7. Tue	5.7. Wed	6.7. Thu	7.7. Fri	8.7. Sat	9.7. Sun
OFFICIAL PRACTICE (ALL DISCIPLINES)	09-21.00	09-21.00	09-21.00	09-21.00	09-21.00	09-21.00

COMPETITION SPORTS AND DISCIPLINES

The events and age categories for Athletics at EMG2023 are as specified in Competition Details below.

In line with the sport-specific rules, an athlete must compete in their designated age group, with your age determined as at 4.7.2023 (the first day of Athletics Competition at the Games).

If there are insufficient number of entries in an age category, categories may be combined in order to conduct a good quality competition. The awarding of medals will not be affected, meaning that individuals will still be awarded medals in the age category in which they originally entered.

VENUE DETAILS

EMG2023 Athletics competition takes place at:

Venue Name	Tampere Stadium
Competition hosted	Tampereen Pyrintö
Venue Information	Ratinan rantatie 1, 33100 Tampere

COMPETITION DETAILS

Competition rules

The EMG Athletics event will be conducted in line with the competition rules of the World Masters Athletics (WMA).

Age Categories

Men: 30+, 35+, 40+, 45+, 50+, 55+, 60+, 65+, 70+, 75+, 80+, 85+, 90+, 95+, 100+

Women: 30+, 35+, 40+, 45+, 50+, 55+, 60+, 65+, 70+, 75+, 80+, 85+, 90+, 95+, 100+

Participants can only sign-up to one age category.

Competition format

DAILY PROGRAM

TUESDAY 4.7.

M	100 m	heats
W	100 m	heats
M	800 m	heats
W	800 m	heats
M 30-55	3000 m steeplechase	finals
M 65+	pole vault	
M 30-55	hammer throw	
W 55+	high jump	
W 30-60	hammer throw	

WEDNESDAY 5.7.

M	100 m	finals
W	100 m	finals
M	800 m	finals
W	800 m	finals
M 60+	2000 m steeplechase	finals

W	2000 m steeplechase	finals
M 30-55	long jump	
M 60+	hammer throw	
W 60+	pole vault	
W 30-50	high jump	
W 65+	hammer throw	

THURSDAY 6.7.

M	short hurdles	finals
W	short hurdles	finals
M	400 m	heats
W	400 m	heats
M	1500 m	heats
M 65+	high jump	
M	discus throw	
W	long jump	

FRIDAY 7.7.

M	400 m	finals
W	400 m	finals
M	200 m	heats
W	200 m	heats
W	5000 m	finals
M 60+	long jump	
M 30-60	high jump	
W	discus throw	

SATURDAY 8.7.

M	200 m	finals
W	200 m	finals
M	1500 m	finals
W	1500 m	finals
M	long hurdles	heats
W	long hurdles	heats
M	triple jump	
M	javelin	

W 30-55 pole vault
W shot put

SUNDAY 9.7.

M	long hurdles	finals
W	long hurdles	finals
M	5000 m	finals
M 30-60	pole vault	
M	shot put	
W	triple jump	
W	javelin	

Daily schedule will be published approximately 2 weeks after the registration closes.

Medals

In European Masters Games, the athletes do not represent their country of origin, therefore the prize-awarding ceremonies will be carried out without hoisting of flags. No National Anthem of the winning team will be played. The medals will be provided by the Organizing Committee.

Technical meeting

A Technical Meeting will take place before the start of the competitions in order to introduce the competitions, remind those involved of the regulations and the behavior that is expected.

Personal accident insurance and medical certificate

It is the participant's own responsibility to take out adequate and valid accident and health insurance. The competitor registration fee does not cover personal accident insurance.

Anti-doping

The IMGA has adopted an anti-doping policy in line with the WADA (World Anti-Doping Agency) code, which means that testing will be conducted during the games. Each participant must comply with and independently consent to the IMGA Anti-Doping policy <https://imga.ch/masters-sports/anti-doping/>.

UNIFORMS

As competitors are not representing their club, association or country, there is no requirement to wear any particular uniform. Competitors may wear their club, association or national uniform if they wish and if their club, association or country allows them to do so.

FURTHER INFORMATION

Planning for the EMG2023 competition will continue throughout 2022 and spring 2023. Additional sport specific information will be communicated to registered participants and this Sports Information Guide will be updated according to possible changes.

Call-room, practice, warm-up and other competition related activities will be published after the registration has ended.

All participants are encouraged to monitor the EMG2023 website at www.emg2023.fi as well as other Games communication channels to find out the latest information.

For more Athletics specific information, please contact Project coordinator Elisa Hakanen, elisa.hakanen@pyrinto.fi

Competition Director Jukka Hosio, jukka.hosio@outlook.com

For general information about EMG2023, please contact info@emg2023.fi.