

AFMA Championship - 2023/11/16 to 2023/11/18**AFMA****Pilditch****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****W35 100 Meter Sprint**

Name	Age Team	Seed	Finals	Wind	Age-Grading	H#	Points
Finals							
1 Du Toit, Leana	W36 South Africa		12,80	NWI	12,81 83,13%	3	10
2 Bradley, Lynn	W39 South Africa		13,65	NWI	13,66 77,95%	3	8

W40 100 Meter Sprint

Name	Age Team	Seed	Finals	Wind	Age-Grading	H#	Points
1 Walters, Elmarie	W40 South Africa		12,75	NWI	12,51 85,10%	2	10
2 Smit, Ascha-Alicia	W44 South Africa		13,80	NWI	13,54 78,62%	2	8
3 Du Toit, Yolande	W41 South Africa		13,96	NWI	13,70 77,72%	2	6
4 Beukes, Marissa	W44 South Africa		14,00	NWI	13,74 77,50%	2	5
5 Pretorius, Mareli	W41 South Africa		14,12	NWI	13,86 76,84%	2	4
6 Juries, Tanja	W44 South Africa		14,29	NWI	14,02 75,93%	2	3

W45 100 Meter Sprint

Name	Age Team	Seed	Finals	Wind	Age-Grading	Points
1 Hutchinson, Shona	W49 South Africa		13,12	NWI	12,39 85,90%	10
2 Gnahore, Gertrude	W47 Ivory Coast		14,27	NWI	13,48 78,98%	8
3 De Villiers, Azel	W48 South Africa		15,91	NWI	15,03 70,84%	6

W50 100 Meter Sprint

Name	Age Team	Seed	Finals	Wind	Age-Grading	H#	Points
1 Schoeman, Adri	W53 South Africa		12,83	NWI	11,65 91,35%	4	10
2 Saina, Linda	W51 Ken		14,69	NWI	13,34 79,78%	4	8
3 Bezuidenhout, Liesl	W52 South Africa		14,81	NWI	13,45 79,14%	4	6

W55 100 Meter Sprint

Name	Age Team	Seed	Finals	Wind	Age-Grading	H#	Points
1 Barnard, Charmain	W55 South Africa		14,03	1.1	12,25 86,89%	3	10
2 Viiklaid, Erge	W55 Estonia		14,79	1.1	12,91 82,42%	3	8
3 Ruck, Celeste	W58 South Africa		15,67	1.1	13,68 77,79%	3	6
4 Bronn, Marthie	W56 South Africa		15,76	1.1	13,76 77,35%	3	5
5 Flattery, Ezna	W58 South Africa		16,16	1.1	14,11 75,43%	3	4
6 Kimani, Wacango	W59 South Africa		17,18	1.1	15,00 70,95%	3	3

W60 100 Meter Sprint

Name	Age Team	Seed	Finals	Wind	Age-Grading	H#	Points
1 Spang, Rika	W63 South Africa		17,54	NWI	14,70 72,41%	2	10
2 Jordan, Merle	W62 West Indies		18,86	NWI	15,81 67,34%	2	8
3 Smit-Harmse, Corne	W61 Namibia		20,37	NWI	17,07 62,35%	2	6

AFMA Championship - 2023/11/16 to 2023/11/18**AFMA****Pilditch****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****W65 100 Meter Sprint**

Name	Age Team	Seed	Finals	Wind	Age-Grading	H#	Points
1 Scheffer, Catharina	W67 South Africa		17,79	NWI	14,30 74,42%	2	10
2 Franzsen, Sterna	W69 South Africa		18,52	NWI	14,89 71,49%	2	8
3 Du Toit, Baby	W66 South Africa		20,40	NWI	16,40 64,90%	2	6
4 van Blerk, Frances	W68 South Africa		23,68	NWI	19,04 55,91%	2	5

W70 100 Meter Sprint

Name	Age Team	Seed	Finals	Wind	Age-Grading	Points
1 Ertl, Marion	W71 Germany		18,17	NWI	14,00 76,00%	10
2 Immelman, Pam	W74 South Africa		20,04	NWI	15,45 68,91%	8

W75 100 Meter Sprint

Name	Age Team	Seed	Finals	Wind	Age-Grading	Points
1 Visser, MC	W77 South Africa		19,05	NWI	14,06 75,70%	10

M35 100 Meter Sprint

Name	Age Team	Seed	Finals	Wind	Age-Grading	H#	Points
1 Vlok, Anton	M39 South Africa		11,22	NWI	11,22 85,38%	2	10
2 De Beer, Willem	M35 South Africa		11,27	NWI	11,27 85,00%	2	8
3 Hassan, Qaasim	M39 South Africa		12,17	NWI	12,17 78,72%	2	6
4 Classens, Ashwyn	M37 South Africa		14,99	NWI	14,99 63,91%	2	5

M40 100 Meter Sprint

Name	Age Team	Seed	Finals	Wind	Age-Grading	Points
1 Verryyn, Ruaan	M41 South Africa		11,82	NWI	11,43 83,84%	10
2 Mulumba, Patrick	M40 South Africa		12,18	NWI	11,78 81,36%	8
3 Steciuk, Damien	M41 Mauritius		12,73	NWI	12,31 77,85%	6

M45 100 Meter Sprint

Name	Age Team	Seed	Finals	Wind	Age-Grading	Points
1 McClintock, Martin	M48 South Africa		12,01	NWI	11,23 85,35%	10
2 Lemmetjies, Eustace	M46 South Africa		12,05	NWI	11,27 85,06%	8
3 Fourie, Pierre	M45 South Africa		12,21	NWI	11,42 83,95%	6
4 Coldberg, Abram	M46 South Africa		12,35	NWI	11,55 83,00%	5

M50 100 Meter Sprint

Name	Age Team	Seed	Finals	Wind	Age-Grading	H#	Points
1 Naidoo, Moses	M50 South Africa		11,79	NWI	10,65 89,99%	4	10
2 Jewaskiewitz, Deon	M51 South Africa		11,92	NWI	10,77 89,01%	4	8
3 Putter, Danie	M51 South Africa		12,63	NWI	11,41 84,01%	4	6
4 Truter, Andre	M50 South Africa		12,65	NWI	11,43 83,87%	4	5

AFMA Championship - 2023/11/16 to 2023/11/18**AFMA****Pilditch****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****....M50 100 Meter Sprint**

5	Kimmins, Ralph	M52	South Africa	13,10	NWI	11,84	80,99%	4	4
6	Solomons, Anthony	M53	South Africa	13,19	NWI	11,92	80,44%	4	3
7	Davids, Elton	M50	South Africa	13,51	NWI	12,21	78,53%	4	2
8	Olivier, Ferdie	M52	South Africa	14,67	NWI	13,25	72,32%	4	1

M55 100 Meter Sprint

Name	Age	Team	Seed	Finals	Wind	Age-Grading	H#	Points
1	Hacker, Ian	M58	South Africa	12,44	NWI	10,86	88,26%	3 10
2	Van der Vyver, Daniel	M58	South Africa	12,84	NWI	11,21	85,51%	3 8
3	Russell, Scott	M55	South Africa	13,34	NWI	11,65	82,31%	3 6
4	Davids, Martin	M58	South Africa	13,64	NWI	11,91	80,50%	3 5
5	Toll, Michael	M59	South Africa	13,94	NWI	12,17	78,77%	3 4
6	Van Niekerk, Riaan	M57	South Africa	14,34	NWI	12,52	76,57%	3 3
7	Lorricks, Neren	M56	South Africa	15,04	NWI	13,13	73,01%	3 2

M60 100 Meter Sprint

Name	Age	Team	Seed	Finals	Wind	Age-Grading	H#	Points
1	Randaru, Ulo	M62	Estonia	12,73	NWI	10,74	89,32%	2 10
2	Mehlo, Minazama	M64	South Africa	13,41	NWI	11,31	84,79%	2 8

M65 100 Meter Sprint

Name	Age	Team	Seed	Finals	Wind	Age-Grading	H#	Points
1	Warries, Joseph	M67	South Africa	13,75	NWI	11,20	85,60%	2 10
2	Gouws, Johan	M65	South Africa	14,94	NWI	12,16	78,78%	2 8
3	Du Toit, Sarel	M68	South Africa	15,96	NWI	12,99	73,75%	2 6
4	Emslie, Richard	M66	South Africa	20,24	NWI	16,48	58,15%	2 5
5	Tlapu, Bobie	M67	South Africa	34,47	NWI	28,06	34,15%	2 4

M70 100 Meter Sprint

Name	Age	Team	Seed	Finals	Wind	Age-Grading	Points	
1	Claassen, Leonard	M72	South Africa	14,68	NWI	11,54	83,04%	10
2	Windt, Johan	M70	South Africa	15,18	NWI	11,93	80,30%	8
3	Heckner, Winfried	M73	Germany	16,19	NWI	12,73	75,29%	6
4	Scheepers, Johan	M73	South Africa	19,23	NWI	15,12	63,39%	5

M85 100 Meter Sprint

Name	Age	Team	Seed	Finals	Wind	Age-Grading	Points	
1	Miekautsch, Hans	M85	South Africa	18,90	NWI	13,13	72,96%	10
2	Hacker, Monty	M89	South Africa	19,12	NWI	13,29	72,12%	8
3	Penberthy, Pearce	M87	South Africa	22,53	NWI	15,65	61,21%	6

AFMA Championship - 2023/11/16 to 2023/11/18**AFMA****Pilditch****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****W35 200 Meter Sprint**

Name	Age Team	Seed	Finals	Wind	Age-Grading	H#	Points
1 Meyer, Soandri	W35 South Africa		25,62	NWI	25,63 84,43%	2	10
2 Du Toit, Leana	W36 South Africa		26,88	NWI	26,89 80,47%	2	8
3 Botha, Mariette	W39 South Africa		27,91	NWI	27,92 77,50%	2	6
4 Bradley, Lynn	W39 South Africa		28,40	NWI	28,41 76,16%	2	5
5 Steciuk, Johanna	W36 Mauritius		31,51	NWI	31,52 68,64%	2	4

W40 200 Meter Sprint

Name	Age Team	Seed	Finals	Wind	Age-Grading	Points
1 Walters, Elmarie	W40 South Africa		26,71	NWI	26,15 82,74%	10
2 De Klerk, Charmaine	W42 South Africa		27,65	NWI	27,07 79,93%	8
3 Juries, Tanja	W44 South Africa		29,80	NWI	29,17 74,16%	6
4 Pretorius, Mareli	W41 South Africa		30,38	NWI	29,74 72,75%	5

W45 200 Meter Sprint

Name	Age Team	Seed	Finals	Wind	Age-Grading	Points
1 Hutchinson, Shona	W49 South Africa		26,69	NWI	25,12 86,10%	10
2 Munyamasye, Elizabeth	W49 Ken		27,18	NWI	25,58 84,55%	8
3 Gnahore, Gertrude	W47 Ivory Coast		31,71	NWI	29,85 72,47%	6

W50 200 Meter Sprint

Name	Age Team	Seed	Finals	Wind	Age-Grading	H#	Points
1 Vaz, Delia	W51 South Africa		31,20	NWI	28,21 76,70%	2	10
2 Saina, Linda	W51 Ken		31,26	NWI	28,26 76,55%	2	8
3 Da Silva, Carmen	W51 South Africa		32,73	NWI	29,59 73,11%	2	6

W55 200 Meter Sprint

Name	Age Team	Seed	Finals	Wind	Age-Grading	H#	Points
1 Viiklaid, Erge	W55 Estonia		30,32	NWI	26,30 82,26%	2	10
2 Ruck, Celeste	W58 South Africa		33,23	NWI	28,83 75,05%	2	8
3 Bronn, Marthie	W56 South Africa		33,68	NWI	29,22 74,05%	2	6
4 Flattery, Ezna	W58 South Africa		33,86	NWI	29,37 73,66%	2	5

W60 200 Meter Sprint

Name	Age Team	Seed	Finals	Wind	Age-Grading	H#	Points
1 Spang, Rika	W63 South Africa		38,81	NWI	32,25 67,07%	1	10
2 Jordan, Merle	W62 West Indies		42,89	NWI	35,64 60,69%	2	8

W65 200 Meter Sprint

Name	Age Team	Seed	Finals	Wind	Age-Grading	Points
1 Alexander, Liz	W68 South Africa		36,74	NWI	29,21 74,06%	10

AFMA Championship - 2023/11/16 to 2023/11/18**AFMA****Pilditch****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****...W65 200 Meter Sprint**

2 Franzsen, Sterna	W69 South Africa	39,43	NWI	31,35	69,01%	8
3 van Blerk, Frances	W68 South Africa	51,29	NWI	40,78	53,05%	6

W70 200 Meter Sprint

Name	Age Team	Seed	Finals	Wind	Age-Grading	Points
1 Ertl, Marion	W71 Germany		41,68	NWI	31,66 68,33%	10

W75 200 Meter Sprint

Name	Age Team	Seed	Finals	Wind	Age-Grading	Points
1 Visser, MC	W77 South Africa		43,35	NWI	31,40 68,90%	10

M35 200 Meter Sprint

Name	Age Team	Seed	Finals	Wind	Age-Grading	H#	Points
1 De Beer, Willem	M35 South Africa		22,83	NWI	22,36 85,85%	3	10
2 Vlok, Anton	M39 South Africa		22,90	NWI	22,43 85,59%	3	8
3 Hassan, Qaasim	M39 South Africa		25,92	NWI	25,38 75,62%	3	6
4 Classens, Ashwyn	M37 South Africa		31,07	NWI	30,43 63,08%	3	5

M40 200 Meter Sprint

Name	Age Team	Seed	Finals	Wind	Age-Grading	H#	Points
1 Koekemoer, Pieter	M41 South Africa		23,68	NWI	22,46 85,47%	2	10
2 Verryyn, Ruaan	M41 South Africa		24,12	NWI	22,88 83,91%	2	8
3 Mulumba, Patrick	M40 South Africa		24,75	NWI	23,47 81,78%	2	6

M45 200 Meter Sprint

Name	Age Team	Seed	Finals	Wind	Age-Grading	Points
1 Lemmetjies, Eustace	M46 South Africa		24,95	NWI	22,91 83,81%	10
2 Von Durckheim, Christian	M45 South Africa		24,99	NWI	22,94 83,67%	8
3 Steyn, Johan	M47 Namibia		25,28	NWI	23,21 82,71%	6
4 Fourie, Pierre	M45 South Africa		25,37	NWI	23,29 82,42%	5
5 Coldberg, Abram	M46 South Africa		26,79	NWI	24,60 78,05%	4

M50 200 Meter Sprint

Name	Age Team	Seed	Finals	Wind	Age-Grading	H#	Points
1 Naidoo, Moses	M50 South Africa		23,93	NWI	21,26 90,26%	5	10
2 Jewaskiewitz, Deon	M51 South Africa		24,19	NWI	21,49 89,29%	4	8
3 Dmitry, Yakhin	M53 Other Country		25,27	NWI	22,45 85,48%	4	6
4 Viljoen, Joe	M53 South Africa		25,52	NWI	22,67 84,64%	4	5
5 Putter, Danie	M51 South Africa		26,08	NWI	23,17 82,82%	4	4
6 Truter, Andre	M50 South Africa		26,15	NWI	23,23 82,60%	5	3
7 Fortuin, Maurice	M53 South Africa		26,72	NWI	23,74 80,84%	4	2
8 Solomons, Anthony	M53 South Africa		27,07	NWI	24,05 79,79%	4	1

AFMA Championship - 2023/11/16 to 2023/11/18**AFMA****Pilditch****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****...M50 200 Meter Sprint**

9	Kimmins, Ralph	M52	South Africa	27,18	NWI	24,15	79,47%	4
10	Davids, Elton	M50	South Africa	27,78	NWI	24,68	77,75%	5

M55 200 Meter Sprint

Name	Age	Team	Seed	Finals	Wind	Age-Grading	H#	Points
1 Van der Vyver, Daniel	M58	South Africa		26,15	NWI	22,48	85,39%	3 10
2 Toll, Michael	M59	South Africa		28,29	NWI	24,32	78,93%	3 8
3 Davids, Martin	M58	South Africa		28,36	NWI	24,38	78,74%	3 6
4 Van Niekerk, Riaan	M57	South Africa		29,25	NWI	25,14	76,34%	3 5
5 Lorricks, Neren	M56	South Africa		31,35	NWI	26,95	71,23%	3 4

M60 200 Meter Sprint

Name	Age	Team	Seed	Finals	Wind	Age-Grading	H#	Points
1 Randaru, Ulo	M62	Estonia		26,02	NWI	21,63	88,74%	2 10
2 Mehlo, Minazama	M64	South Africa		27,33	NWI	22,72	84,49%	2 8
3 Groeneveld, Leon	M63	South Africa		27,81	NWI	23,12	83,03%	2 6
4 Smit, Winston	M61	South Africa		27,91	NWI	23,20	82,73%	2 5

M65 200 Meter Sprint

Name	Age	Team	Seed	Finals	Wind	Age-Grading	Points	
1 Tlapu, Bobie	M67	South Africa		28,60	NWI	22,99	83,50%	10
2 Warriess, Joseph	M67	South Africa		28,62	NWI	23,00	83,44%	8
3 Emslie, Richard	M66	South Africa		32,38	NWI	26,02	73,75%	6

M70 200 Meter Sprint

Name	Age	Team	Seed	Finals	Wind	Age-Grading	Points	
1 Claassen, Leonard	M72	South Africa		30,02	NWI	23,31	82,35%	10
2 Windt, Johan	M70	South Africa		30,76	NWI	23,89	80,36%	8
3 Rall, Charles	M74	South Africa		32,68	NWI	25,38	75,64%	6
4 Scheepers, Johan	M73	South Africa		41,61	NWI	32,31	59,41%	5

W35 400 Meter Sprint

Name	Age	Team	Seed	Finals	Age-Grading	Points	
1 Chesebe, Sylvia	W36	Ken		56,18	54,97	87,59%	10
2 Breytenbach, Chantelle	W36	South Africa		1:00,61	59,30	81,19%	8
3 Botha, Mariette	W39	South Africa		1:02,69	1:01,33	78,50%	6
4 Du Toit, Leana	W36	South Africa		1:02,78	1:01,42	78,38%	5
5 Bradley, Lynn	W39	South Africa		1:04,53	1:03,13	76,26%	4

W40 400 Meter Sprint

Name	Age	Team	Seed	Finals	Age-Grading	Points	
1 De Klerk, Charmaine	W42	South Africa		1:04,26	1:00,67	79,35%	10

AFMA Championship - 2023/11/16 to 2023/11/18**AFMA****Pilditch****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****...W40 400 Meter Sprint**

2 Juries, Tanja	W44 South Africa	1:14,22	1:10,08	68,70%	8
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W45 400 Meter Sprint

Name	Age Team	Seed	Finals	Age-Grading	Points
1 Munyamasye, Elizabeth	W49 Ken		1:03,01	57,24 84,10%	10

W50 400 Meter Sprint

Name	Age Team	Seed	Finals	Age-Grading	H#	Points
1 Vaz, Delia	W51 South Africa		1:11,34	1:02,15 77,46%	2	10
2 Da Silva, Carmen	W51 South Africa		1:15,15	1:05,47 73,53%	2	8

W55 400 Meter Sprint

Name	Age Team	Seed	Finals	Age-Grading	H#	Points
1 Viiklaid, Erge	W55 Estonia		1:10,13	58,38 82,46%	2	10
2 Flattery, Ezna	W58 South Africa		1:13,88	1:01,50 78,28%	2	8
3 Smit, Annelie	W56 South Africa		1:16,13	1:03,38 75,96%	2	6
4 Ruck, Celeste	W58 South Africa		1:23,04	1:09,13 69,64%	2	5

W60 400 Meter Sprint

Name	Age Team	Seed	Finals	Age-Grading	Points
1 Spang, Rika	W63 South Africa		1:35,51	1:15,69 63,61%	10
2 Jordan, Merle	W62 West Indies		1:39,66	1:18,98 60,96%	8

W65 400 Meter Sprint

Name	Age Team	Seed	Finals	Age-Grading	Points
1 Scheffer, Catharina	W67 South Africa		1:21,28	1:01,05 78,86%	10
2 Alexander, Liz	W68 South Africa		1:29,23	1:07,02 71,84%	8
3 van Blerk, Frances	W68 South Africa		1:32,78	1:09,68 69,09%	6

W75 400 Meter Sprint

Name	Age Team	Seed	Finals	Age-Grading	Points
1 Visser, MC	W77 South Africa		1:45,24	1:09,96 68,81%	10

M35 400 Meter Sprint

Name	Age Team	Seed	Finals	Age-Grading	H#	Points
1 De Beer, Willem	M35 South Africa		49,90	49,03 87,78%	3	10
2 Smith, Randall	M39 South Africa		54,96	54,00 79,69%	3	8
3 Sekgabebe, Pogeso	M39 South Africa		56,29	55,30 77,81%	3	6
4 Barnard, Christiaan	M37 South Africa		57,69	56,68 75,92%	3	5
5 Hassan, Qaasim	M39 South Africa		58,38	57,36 75,03%	3	4

AFMA Championship - 2023/11/16 to 2023/11/18**AFMA****Pilditch****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****....M35 400 Meter Sprint**

6 Classens, Ashwyn M37 South Africa 1:23,10 1:21,64 52,71% 3 3

M40 400 Meter Sprint

Name	Age Team	Seed	Finals	Age-Grading	H#	Points
1 Miti, Abednego	M41 Ken		52,98	50,40 85,37%	2	10
2 Mulumba, Patrick	M40 South Africa		54,63	51,97 82,79%	2	8
3 Lephoto, Lefu	M40 South Africa		55,45	52,75 81,57%	2	6
4 Verryyn, Ruaan	M41 South Africa		56,65	53,90 79,84%	2	5
5 Nangu, Buzwe	M43 South Africa		1:01,64	58,64 73,38%	2	4

M45 400 Meter Sprint

Name	Age Team	Seed	Finals	Age-Grading	Points
1 Von Durckheim, Christian	M45 South Africa		54,04	49,77 86,47%	10
2 Venter, Jannie	M47 South Africa		57,64	53,08 81,07%	8
3 Brummer, Paul	M46 South Africa		1:00,70	55,90 76,99%	6
4 Van Zyl, Andrew	M48 South Africa		1:04,33	59,24 72,64%	5

M50 400 Meter Sprint

Name	Age Team	Seed	Finals	Age-Grading	H#	Points
1 Naidoo, Moses	M50 South Africa		52,32	46,62 92,32%	4	10
2 Moraope, Spencer	M51 South Africa		55,22	49,20 87,47%	4	8
3 Viljoen, Joe	M53 South Africa		55,65	49,58 86,79%	4	6
4 Dmitry, Yakhin	M53 Other Country		58,03	51,70 83,23%	4	5
5 Van Zyl, Dana	M50 South Africa		58,88	52,46 82,03%	4	4
6 Fortuin, Maurice	M53 South Africa		1:00,55	53,95 79,77%	4	3

M55 400 Meter Sprint

Name	Age Team	Seed	Finals	Age-Grading	H#	Points
1 Fourie, David	M57 South Africa		56,50	48,69 88,39%	3	10
2 Van der Vyver, Daniel	M58 South Africa		1:00,32	51,98 82,79%	3	8
3 Cupido, Clive	M58 South Africa		1:02,61	53,95 79,76%	3	6
4 Mngomezulu, George	M55 South Africa		1:08,27	58,83 73,15%	3	5

M60 400 Meter Sprint

Name	Age Team	Seed	Finals	Age-Grading	H#	Points
1 Mehlo, Minazama	M64 South Africa		1:03,43	52,84 81,44%	2	10
2 Groeneveld, Leon	M63 South Africa		1:04,46	53,69 80,14%	2	8
3 Smit, Winston	M61 South Africa		1:06,19	55,13 78,05%	2	6

M65 400 Meter Sprint

Name	Age Team	Seed	Finals	Age-Grading	H#	Points
1 Warriess, Joseph	M67 South Africa		1:04,55	51,95 82,84%	2	10

AFMA Championship - 2023/11/16 to 2023/11/18**AFMA****Pilditch****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****....M65 400 Meter Sprint**

2 Schmelzer, Warren	M69	South Africa	1:07,18	54,06	79,59%	2	8
3 Rawlins, Patrick	M66	South Africa	1:10,51	56,74	75,83%	2	6
4 Prinsloo, Hennie	M68	South Africa	2:10,33	1:44,88	41,03%	2	5

M70 400 Meter Sprint

Name	Age	Team	Seed	Finals	Age-Grading	Points
1 Claassen, Leonard	M72	South Africa	1:08,62	53,32	80,71%	10
2 Windt, Johan	M70	South Africa	1:09,31	53,86	79,90%	8
3 Rall, Charles	M74	South Africa	1:12,88	56,63	75,99%	6
4 Van Wyk, Wessel	M70	South Africa	1:24,07	1:05,33	65,87%	5

M80 400 Meter Sprint

Name	Age	Team	Seed	Finals	Age-Grading	Points
1 Stuart, Les	M81	South Africa	1:27,17	1:00,76	70,83%	10

W35 800 Meter Run

Name	Age	Team	Seed	Finals	Age-Grading	H#	Points
1 Chesebe, Sylvia	W36	Ken	2:07,54	2:06,64	90,03%	3	10
2 Griffiths, Kobie	W37	South Africa	2:16,52	2:15,56	84,11%	3	8
3 Breytenbach, Chantelle	W36	South Africa	2:18,19	2:17,21	83,10%	3	6

W45 800 Meter Run

Name	Age	Team	Seed	Finals	Age-Grading	H#	Points
1 Rossouw, Rika	W46	South Africa	2:31,87	2:19,60	81,67%	2	10
2 Oberholzer, Helena	W46	South Africa	2:59,33	2:44,85	69,16%	2	8

W50 800 Meter Run

Name	Age	Team	Seed	Finals	Age-Grading	H#	Points
1 Munnik, Marili	W54	South Africa	2:28,14	2:10,58	87,32%	2	10
2 Staal, Michelle	W51	South Africa	2:42,26	2:23,02	79,72%	2	8
3 Banfield, Jene	W53	South Africa	2:48,07	2:28,14	76,96%	2	6
4 Vaz, Delia	W51	South Africa	2:53,66	2:33,07	74,48%	2	5

W65 800 Meter Run

Name	Age	Team	Seed	Finals	Age-Grading	Points
1 Botes, Annatjie	W65	South Africa	3:03,36	2:20,29	81,27%	10
2 Fischer, Lynette	W65	South Africa	3:09,42	2:24,93	78,67%	8
3 Scheffer, Catharina	W67	South Africa	3:14,41	2:28,75	76,65%	6
4 van Blerk, Frances	W68	South Africa	4:05,16	3:07,58	60,78%	5
5 Coston, Linda	W65	South Africa	4:40,62	3:34,71	53,10%	4

AFMA Championship - 2023/11/16 to 2023/11/18**AFMA****Pilditch****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****W70 800 Meter Run**

Name	Age Team	Seed	Finals	Age-Grading	Points
1 Von Gordon, Veronica	W71 South Africa		4:17,30	3:06,65 61,08%	10

M35 800 Meter Run

Name	Age Team	Seed	Finals	Age-Grading	H#	Points
1 De Beer, Willem	M35 South Africa		1:59,55	1:59,14 84,70%	4	10
2 Smith, Randall	M39 South Africa		2:08,52	2:08,08 78,79%	3	8
3 Sekgabebe, Pogeso	M39 South Africa		2:12,17	2:11,71 76,61%	3	6
4 Folster, Ryan	M37 South Africa		2:14,96	2:14,49 75,03%	4	5
5 Barnard, Christiaan	M37 South Africa		2:15,33	2:14,86 74,82%	4	4
6 Suping, Johnny	M39 South Africa		2:15,39	2:14,92 74,79%	3	3

M40 800 Meter Run

Name	Age Team	Seed	Finals	Age-Grading	H#	Points
1 Miti, Abednego	M41 Ken		1:57,04	1:52,13 89,99%	3	10
2 Lephoto, Lefu	M40 South Africa		2:07,73	2:02,37 82,46%	3	8
3 Dyubele, Melikhaya	M43 South Africa		2:17,39	2:11,62 76,66%	3	6
4 Broers, Neil	M42 South Africa		2:17,72	2:11,94 76,48%	3	5
5 Fune, Olivier	M43 Burundi		2:25,02	2:18,93 72,63%	2	4
6 Sebe, Ntsikelelo	M41 South Africa		2:37,60	2:30,99 66,83%	3	3

M45 800 Meter Run

Name	Age Team	Seed	Finals	Age-Grading	H#	Points
1 Terer, Geoffrey	M46 Ken		2:01,84	1:52,16 89,98%	2	10
2 Gibson, Michael	M47 South Africa		2:06,60	1:56,54 86,60%	2	8
3 Hunter, Clinton	M48 South Africa		2:18,63	2:07,61 79,08%	2	6
4 Van Zyl, Andrew	M48 South Africa		2:33,39	2:21,20 71,47%	2	5

M50 800 Meter Run

Name	Age Team	Seed	Finals	Age-Grading	H#	Points
1 Moraope, Spencer	M51 South Africa		2:03,95	1:49,60 92,08%	2	10
2 Bester, Phillip	M53 South Africa		2:06,01	1:51,42 90,57%	2	8
3 Viljoen, Joe	M53 South Africa		2:09,18	1:54,23 88,35%	2	6
4 Groenewald, Rupert	M50 South Africa		2:21,64	2:05,24 80,58%	2	5
5 Fortuin, Maurice	M53 South Africa		2:23,31	2:06,72 79,64%	2	4

M55 800 Meter Run

Name	Age Team	Seed	Finals	Age-Grading	H#	Points
1 Cupido, Clive	M58 South Africa		2:23,35	2:01,69 82,92%	1	10
2 Swart, Dries	M58 South Africa		2:47,45	2:22,15 70,99%	1	8
3 Van Niekerk, Warren	M56 South Africa		5:43,59	4:51,68 34,60%	2	6

AFMA Championship - 2023/11/16 to 2023/11/18**AFMA****Pilditch****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****M60 800 Meter Run**

Name	Age Team	Seed	Finals	Age-Grading	Points
1 Groeneveld, Leon	M63 South Africa		2:36,10	2:07,18 79,35%	10
2 Smit, Winston	M61 South Africa		2:42,56	2:12,44 76,19%	8

M65 800 Meter Run

Name	Age Team	Seed	Finals	Age-Grading	Points
1 Booysen, Hendrik	M67 South Africa		2:52,60	2:14,87 74,82%	10
2 Nell, Eugene	M67 South Africa		3:26,06	2:41,02 62,67%	8
3 Prinsloo, Hennie	M68 South Africa		4:11,99	3:16,91 51,25%	6

M70 800 Meter Run

Name	Age Team	Seed	Finals	Age-Grading	Points
1 Raig, Ivar	M70 Estonia		3:04,58	2:18,26 72,99%	10
2 Reed, Chris	M72 South Africa		3:29,60	2:37,00 64,28%	8

M75 800 Meter Run

Name	Age Team	Seed	Finals	Age-Grading	Points
1 Strydom, Trompie	M77 South Africa		5:10,00	3:42,24 45,41%	10

M80 800 Meter Run

Name	Age Team	Seed	Finals	Age-Grading	Points
1 Stuart, Les	M81 South Africa		3:39,63	2:27,97 68,20%	10

W35 1500 Meter Run

Name	Age Team	Seed	Finals	Age-Grading	H#	Points
1 Griffiths, Kobie	W37 South Africa		4:51,48	4:46,01 80,44%	3	10
2 Breytenbach, Chantelle	W36 South Africa		4:53,43	4:47,92 79,91%	3	8

W40 1500 Meter Run

Name	Age Team	Seed	Finals	Age-Grading	H#	Points
1 Kotze, Calinka	W42 South Africa		5:16,94	4:59,23 76,89%	3	10

W45 1500 Meter Run

Name	Age Team	Seed	Finals	Age-Grading	H#	Points
1 Claassen, Leandri	W46 South Africa		5:06,37	4:37,85 82,81%	3	10
2 Rossouw, Rika	W46 South Africa		5:12,41	4:43,33 81,20%	3	8
3 Prinsloo, Corne	W47 South Africa		5:26,46	4:56,07 77,71%	3	6

AFMA Championship - 2023/11/16 to 2023/11/18**AFMA****Pilditch****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****W50 1500 Meter Run**

Name	Age Team	Seed	Finals	Age-Grading H#	Points
1 Munnik, Marili	W54 South Africa		5:07,33	4:27,29 86,08%	2 10
2 Blignaut, Tania	W51 South Africa		5:38,13	4:54,08 78,24%	2 8
3 Banfield, Jene	W53 South Africa		5:41,26	4:56,80 77,52%	2 6
4 Hunter, Maaike	W53 South Africa		8:10,30	7:06,42 53,95%	2 5

W55 1500 Meter Run

Name	Age Team	Seed	Finals	Age-Grading H#	Points
1 Sonnekus, Daleen	W58 South Africa		6:06,03	5:04,69 75,51%	2 10
2 Venter, Laura	W58 South Africa		7:00,03	5:49,64 65,80%	2 8

W60 1500 Meter Run

Name	Age Team	Seed	Finals	Age-Grading	Points
1 Loots, Rita	W60 South Africa		6:57,78	5:32,18 69,26%	10

W65 1500 Meter Run

Name	Age Team	Seed	Finals	Age-Grading	Points
1 Botes, Annatjie	W65 South Africa		6:18,68	4:46,89 80,19%	10
2 Scheffer, Catharina	W67 South Africa		6:19,12	4:47,23 80,10%	8
3 Boesenberg, Martie	W66 South Africa		7:02,94	5:20,42 71,80%	6

W70 1500 Meter Run

Name	Age Team	Seed	Finals	Age-Grading	Points
1 Von Gordon, Veronica	W71 South Africa		8:26,33	6:04,66 63,09%	10
2 Greenblatt, Elaine	W74 South Africa		9:34,29	6:53,61 55,63%	8

M35 1500 Meter Run

Name	Age Team	Seed	Finals	Age-Grading H#	Points
1 Smith, Randall	M39 South Africa		4:29,48	4:25,42 77,62%	3 10
2 Sekgabebe, Pogeso	M39 South Africa		4:29,61	4:25,54 77,58%	3 8

M40 1500 Meter Run

Name	Age Team	Seed	Finals	Age-Grading H#	Points
1 Lephoto, Lefu	M40 South Africa		4:28,70	4:16,13 80,43%	3 10
2 Tjaoana, Pule	M41 South Africa		4:41,90	4:28,71 76,66%	3 8
3 Sebe, Ntsikelelo	M41 South Africa		5:11,68	4:57,10 69,34%	3 6
4 Lenhoff, Michael	M44 South Africa		5:34,80	5:19,14 64,55%	3 5

AFMA Championship - 2023/11/16 to 2023/11/18**AFMA****Pilditch****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****M45 1500 Meter Run**

Name	Age Team	Seed	Finals	Age-Grading	H#	Points
1 Terer, Geoffrey	M46 Ken		4:19,12	3:58,55 86,36%	3	10
2 Gibson, Michael	M47 South Africa		4:23,47	4:02,56 84,93%	3	8
3 Lotz, Corne	M49 South Africa		4:39,40	4:17,22 80,09%	3	6
4 Van Vuuren, Rupert	M49 South Africa		4:56,65	4:33,10 75,43%	3	5
5 Brummer, Paul	M46 South Africa		5:12,56	4:47,75 71,59%	3	4
6 Ndakoze, Remi	M47 Burundi		5:25,20	4:59,38 68,81%	3	3

M50 1500 Meter Run

Name	Age Team	Seed	Finals	Age-Grading	H#	Points
1 Bester, Phillip	M53 South Africa		4:22,27	3:52,66 88,54%	2	10
2 Moraope, Spencer	M51 South Africa		4:28,39	3:58,09 86,52%	2	8
3 Moagi, Moeketsi	M54 South Africa		4:56,07	4:22,65 78,43%	2	6
4 Joubert, Johan	M51 South Africa		5:30,27	4:52,99 70,31%	2	5

M55 1500 Meter Run

Name	Age Team	Seed	Finals	Age-Grading	H#	Points
1 Roets, Kobus	M57 South Africa		5:07,15	4:21,91 78,66%	2	10
2 Jacobs, Phillip	M58 South Africa		5:14,18	4:27,91 76,90%	2	8
3 Cupido, Clive	M58 South Africa		5:17,59	4:30,81 76,07%	2	6
4 Swart, Dries	M58 South Africa		5:42,71	4:52,23 70,49%	2	5
5 Van Niekerk, Warren	M56 South Africa		5:53,04	5:01,04 68,43%	2	4

M65 1500 Meter Run

Name	Age Team	Seed	Finals	Age-Grading	Points
1 Rawlins, Patrick	M66 South Africa		5:49,25	4:32,91 75,48%	10
2 Nell, Eugene	M67 South Africa		6:44,37	5:15,98 65,20%	8
3 Prinsloo, Hennie	M68 South Africa		8:34,47	6:42,01 51,24%	6

M70 1500 Meter Run

Name	Age Team	Seed	Finals	Age-Grading	Points
1 Maphangulo, David	M70 South Africa		5:53,03	4:22,87 78,37%	10
2 Van Niekerk, Machiel	M72 South Africa		6:59,93	5:12,68 65,88%	8
3 Reed, Chris	M72 South Africa		7:04,26	5:15,91 65,21%	6

M80 1500 Meter Run

Name	Age Team	Seed	Finals	Age-Grading	Points
1 Stuart, Les	M81 South Africa		7:32,22	5:00,78 68,49%	10

AFMA Championship - 2023/11/16 to 2023/11/18

AFMA

Pilditch

Results - Age Grading: 5 Yr Indiv & 5 yr Multi

M85 1500 Meter Run

Name	Age Team	Seed	Finals	Age-Grading Points
1 Wraight, Dennis	M86 Other Country		8:12,95	4:59,52 68,78% 10

W35 4000 Meter Run Cross Countr

Name	Age Team	Seed	Finals	Age-Grading Points
Results - Women 35				
1 Kiptoo, Mercy	W39 Ken		15:25,42	15:25,43 73,80%

W40 4000 Meter Run Cross Countr

Name	Age Team	Seed	Finals	Age-Grading Points
Results - Women 40				
1 Kotze, Calinka	W42 South Africa		17:09,22	17:09,23 66,36%
2 Labuschagne, Amanda	W43 South Africa		20:00,76	20:00,77 56,88%

W45 4000 Meter Run Cross Countr

Name	Age Team	Seed	Finals	Age-Grading Points
Results - Women 45				
1 Claassen, Leandri	W46 South Africa		16:39,46	16:39,47 68,34%

W50 4000 Meter Run Cross Countr

Name	Age Team	Seed	Finals	Age-Grading Points
Results - Women 50				
1 Britz, Louise	W54 South Africa		22:59,28	22:59,29 49,52%

W55 4000 Meter Run Cross Countr

Name	Age Team	Seed	Finals	Age-Grading Points
Results - Women 55				
1 Biwott, Priscilla	W58 Ken		19:30,35	19:30,36 58,36%
2 Venter, Laura	W58 South Africa		24:39,16	24:39,17 46,17%

W60 4000 Meter Run Cross Countr

Name	Age Team	Seed	Finals	Age-Grading Points
Results - Women 60				
1 Geyer, Mariet	W64 South Africa		21:58,56	21:58,57 51,80%
2 Henning, Delmarie	W62 South Africa		22:51,56	22:51,57 49,80%
3 Le Roux, Teresa	W60 South Africa		24:03,63	24:03,64 47,31%
4 Pretorius, Riemke	W60 South Africa		31:14,46	31:14,47 36,44%

AFMA Championship - 2023/11/16 to 2023/11/18**AFMA****Pilditch****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****W65 4000 Meter Run Cross Countr**

Name	Age Team	Seed	Finals	Age-Grading Points
Results - Women 65				
1 Scheffer, Catharina	W67 South Africa		20:31,45	20:31,46 55,46%
2 Boesenberg, Martie	W66 South Africa		22:51,62	22:51,63 49,80%
3 van Blerk, Frances	W68 South Africa		24:58,12	24:58,13 45,59%

W70 4000 Meter Run Cross Countr

Name	Age Team	Seed	Finals	Age-Grading Points
Results - Women 70				
1 Von Gordon, Veronica	W71 South Africa		25:40,86	25:40,87 44,33%
2 Greenblatt, Elaine	W74 South Africa		28:12,32	28:12,33 40,36%
3 Du Toit, Aletta	W72 South Africa		48:18,06	48:18,07 23,57%

W75 4000 Meter Run Cross Countr

Name	Age Team	Seed	Finals	Age-Grading Points
Results - Women 75				
1 Grobbelaar, Elize	W78 South Africa		48:19,94	48:19,95 23,55%

M70 4000 Meter Run Cross Countr

Name	Age Team	Seed	Finals	Age-Grading Points
Results - Men 70				
1 Maphangulo, David	M70 South Africa		17:44,32	17:44,33 56,19%
2 Van Niekerk, Machiel	M72 South Africa		25:00,00	25:00,01 39,87%

M80 4000 Meter Run Cross Countr

Name	Age Team	Seed	Finals	Age-Grading Points
Results - Men 80				
1 Schickert, Bob	M82 Australia		34:44,82	34:44,83 28,68%

W35 5000 Meter Run

Name	Age Team	Seed	Finals	Age-Grading Points
Finals				
1 Kiptoo, Mercy	W39 Ken		18:25,68	18:22,81 77,18% 10
2 Swanepoel, Maryna	W37 South Africa		21:47,37	21:43,98 65,27% 8

W40 5000 Meter Run

Name	Age Team	Seed	Finals	Age-Grading Points
1 Kotze, Calinka	W42 South Africa		20:33,54	19:46,05 71,76% 10
2 Boyise, Ongeziwe	W40 South Africa		22:41,27	21:48,87 65,03% 8

AFMA Championship - 2023/11/16 to 2023/11/18**AFMA****Pilditch****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****W45 5000 Meter Run**

Name	Age Team	Seed	Finals	Age-Grading	Points
1 Rossouw, Rika	W46 South Africa		20:47,56	19:12,63 73,84%	10
2 Prinsloo, Corne	W47 South Africa		21:04,95	19:28,69 72,83%	8
3 Oberholzer, Helena	W46 South Africa		22:08,84	20:27,72 69,33%	6

W50 5000 Meter Run

Name	Age Team	Seed	Finals	Age-Grading	Points
1 Eybers, Sunet	W50 South Africa		21:29,77	19:01,06 74,59%	10
2 Banfield, Jene	W53 South Africa		21:35,42	19:06,06 74,27%	8
3 J Van Rensburg, Tana	W53 South Africa		21:48,86	19:17,95 73,51%	6
4 Thomas, Ronel	W51 South Africa		21:54,61	19:23,04 73,18%	5
5 Bignaut, Tania	W51 South Africa		22:14,57	19:40,70 72,09%	4
6 Britz, Louise	W54 South Africa		27:47,74	24:35,46 57,69%	3

W55 5000 Meter Run

Name	Age Team	Seed	Finals	Age-Grading	Points
1 Biwott, Priscilla	W58 Ken		21:15,88	17:56,59 79,06%	10
2 Pretorius, Elmarie	W57 South Africa		21:23,25	18:02,81 78,61%	8
3 Sonnekus, Daleen	W58 South Africa		23:15,12	19:37,21 72,30%	6

W60 5000 Meter Run

Name	Age Team	Seed	Finals	Age-Grading	Points
1 Frey, Jacqueline	W62 South Africa		24:54,41	19:57,78 71,06%	10
2 Loots, Rita	W60 South Africa		25:57,03	20:47,97 68,20%	8
3 Geyer, Mariet	W64 South Africa		26:35,85	21:19,08 66,54%	6
4 Le Roux, Teresa	W60 South Africa		28:43,36	23:01,28 61,62%	5
5 Pretorius, Riemke	W60 South Africa		32:18,27	25:53,53 54,79%	4

W65 5000 Meter Run

Name	Age Team	Seed	Finals	Age-Grading	Points
1 Boesenberg, Martie	W66 South Africa		26:01,58	19:43,37 71,93%	10
-- Ceronio, Marietjie	W66 South Africa		DNF		

W70 5000 Meter Run

Name	Age Team	Seed	Finals	Age-Grading	Points
1 Greenblatt, Elaine	W74 South Africa		31:58,38	22:47,43 62,24%	10

M35 5000 Meter Run

Name	Age Team	Seed	Finals	Age-Grading	Points
1 Suping, Johnny	M39 South Africa		18:02,75	18:02,76 69,95%	10
2 Ndwangu, Sandile	M39 South Africa		18:44,87	18:44,88 67,33%	8

AFMA Championship - 2023/11/16 to 2023/11/18**AFMA****Pilditch****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****M40 5000 Meter Run**

Name	Age Team	Seed	Finals	Age-Grading	Points
1 Broers, Neil	M42 South Africa		17:46,58	17:14,69 73,20%	10
2 Sebe, Ntsikelelo	M41 South Africa		20:01,69	19:25,76 64,97%	8

M45 5000 Meter Run

Name	Age Team	Seed	Finals	Age-Grading	Points
1 Van der Walt, Tjaart	M45 South Africa		17:51,82	16:36,69 75,99%	10
2 Lotz, Corne	M49 South Africa		18:27,43	17:09,80 73,54%	8
3 Mazungula, Richard	M46 South Africa		22:24,23	20:50,01 60,59%	6

M50 5000 Meter Run

Name	Age Team	Seed	Finals	Age-Grading	Points
1 Manyaka, Philimon	M50 South Africa		18:02,13	16:03,10 78,64%	10
2 Locker, Trevor	M53 South Africa		19:54,52	17:43,13 71,24%	8
3 Joubert, Johan	M51 South Africa		20:32,93	18:17,31 69,02%	6
4 Modise, Norman	M50 South Africa		22:41,97	20:12,16 62,48%	5
5 Verster, Ronnie	M54 South Africa		25:17,21	22:30,32 56,09%	4
-- Kanouni, Youssef	M50 South Africa		DNF		

M55 5000 Meter Run

Name	Age Team	Seed	Finals	Age-Grading	Points
1 Roets, Kobus	M57 South Africa		19:34,29	16:38,39 75,86%	10
2 Letlhaku, Moses	M59 South Africa		20:16,32	17:14,12 73,24%	8
3 Kelly, Percy	M58 South Africa		20:37,38	17:32,03 71,99%	6
4 Van Niekerk, Warren	M56 South Africa		23:07,76	19:39,88 64,19%	5
5 Van Huyssteen, Hennie	M57 South Africa		27:23,61	23:17,40 54,20%	4

M60 5000 Meter Run

Name	Age Team	Seed	Finals	Age-Grading	Points
1 Ndlovu, Reform	M61 South Africa		19:23,84	15:43,41 80,28%	10
2 Letlape, Elias	M64 South Africa		23:09,92	18:46,67 67,22%	8
3 Gregan, Sydney	M61 South Africa		23:24,64	18:58,61 66,52%	6

M65 5000 Meter Run

Name	Age Team	Seed	Finals	Age-Grading	Points
1 Nell, Eugene	M67 South Africa		24:04,82	18:34,40 67,96%	10

M70 5000 Meter Run

Name	Age Team	Seed	Finals	Age-Grading	Points
1 Maphangulo, David	M70 South Africa		21:20,44	15:37,42 80,79%	10
2 Reed, Chris	M72 South Africa		27:50,32	20:22,85 61,93%	8

AFMA Championship - 2023/11/16 to 2023/11/18

AFMA

Pilditch

Results - Age Grading: 5 Yr Indiv & 5 yr Multi

M75 5000 Meter Run

Name	Age Team	Seed	Finals	Age-Grading	Points
1 Smith, Barrie	M77 South Africa		23:47,49	16:29,26	76,56% 10

M80 5000 Meter Run

Name	Age Team	Seed	Finals	Age-Grading	Points
1 Schickert, Bob	M82 Australia		40:47,37	26:40,83	47,31% 10

M85 5000 Meter Run

Name	Age Team	Seed	Finals	Age-Grading	Points
1 Wraight, Dennis	M86 Other Country		29:38,14	17:52,94	70,59% 10

M40 6000 Meter Run

Name	Age Team	Seed	Finals	Age-Grading	Points
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Results - Men 40

1 Fune, Olivier	M43 Burundi		25:54,20	25:54,21	60,61%
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M45 6000 Meter Run

Name	Age Team	Seed	Finals	Age-Grading	Points
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Results - Men 45

1 Mazungula, Richard	M46 South Africa		32:10,90	32:10,91	48,79%
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M50 6000 Meter Run

Name	Age Team	Seed	Finals	Age-Grading	Points
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Results - Men 50

1 Mburu, Keneth	M50 Ken		21:14,60	21:14,61	73,91%
2 Manyaka, Philimon	M50 South Africa		22:38,80	22:38,81	69,33% 1
3 Moraope, Spencer	M51 South Africa		23:17,30	23:17,31	67,42% 2
4 Locker, Trevor	M53 South Africa		25:29,70	25:29,71	61,58% 3
5 Modise, Norman	M50 South Africa		26:22,80	26:22,81	59,51% 4
6 Verster, Ronnie	M54 South Africa		30:47,50	30:47,51	50,99% 5

M55 6000 Meter Run

Name	Age Team	Seed	Finals	Age-Grading	Points
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Results - Men 55

1 Coetzee, Pedri	M56 South Africa		24:10,90	24:10,91	64,93%
2 Jacobs, Phillip	M58 South Africa		24:11,10	24:11,11	64,92%
3 Cupido, Clive	M58 South Africa		28:52,90	28:52,91	54,36%

AFMA Championship - 2023/11/16 to 2023/11/18**AFMA****Pilditch****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****M60 6000 Meter Run**

Name	Age Team	Seed	Finals	Age-Grading Points
Results - Men 60				
1 Letlape, Elias	M64 South Africa		28:31,10	28:31,11 55,05%

M65 6000 Meter Run

Name	Age Team	Seed	Finals	Age-Grading Points
Results - Men 65				
1 Martins, Eugene	M65 South Africa		29:03,90	29:03,91 54,02%
2 Stiglingh, Sticks	M69 South Africa		29:49,30	29:49,31 52,65%
3 Coetzee, Johann	M65 South Africa		34:10,00	34:10,01 45,95%

W35 10000 Meter Run

Name	Age Team	Seed	Finals	Age-Grading Points
Finals				
1 Robberts, Chrizell	W36 South Africa		40:13,14	39:41,53 73,80% 10
2 Swanepoel, Maryna	W37 South Africa		44:07,80	43:33,12 67,26% 8

W40 10000 Meter Run

Name	Age Team	Seed	Finals	Age-Grading Points
1 Boyise, Ongeziwe	W40 South Africa		47:21,77	45:05,09 64,97% 10

W55 10000 Meter Run

Name	Age Team	Seed	Finals	Age-Grading Points
1 Pretorius, Elmarie	W57 South Africa		44:59,11	37:39,97 77,76% 10
2 Flattery, Ezna	W58 South Africa		45:36,70	38:11,44 76,70% 8

W65 10000 Meter Run

Name	Age Team	Seed	Finals	Age-Grading Points
1 Botes, Annatjie	W65 South Africa		47:50,48	36:03,49 81,23% 10
2 Mouton, Christa	W66 South Africa		1:17:18,10	58:15,74 50,27% 8

M40 10000 Meter Run

Name	Age Team	Seed	Finals	Age-Grading Points
1 Tjaoana, Pule	M41 South Africa		35:13,32	33:32,52 78,39% 10
2 Broers, Neil	M42 South Africa		36:25,07	34:40,85 75,81% 8

M45 10000 Meter Run

Name	Age Team	Seed	Finals	Age-Grading Points
1 Mazungula, Richard	M46 South Africa		51:13,34	46:53,65 56,07% 10

AFMA Championship - 2023/11/16 to 2023/11/18

AFMA

Pilditch

Results - Age Grading: 5 Yr Indiv & 5 yr Multi

M50 10000 Meter Run

Name	Age Team	Seed	Finals	Age-Grading	Points
1 Mburu, Keneth	M50 Ken		32:46,13	28:48,82 91,25%	10
2 Kanouni, Youssef	M50 South Africa		44:57,83	39:32,21 66,50%	8

M55 10000 Meter Run

Name	Age Team	Seed	Finals	Age-Grading	Points
1 De Villiers, Dawie	M57 South Africa		40:24,07	34:05,44 77,12%	10
2 Kelly, Percy	M58 South Africa		44:23,81	37:27,73 70,18%	8
3 Letlhaku, Moses	M59 South Africa		44:25,39	37:29,06 70,14%	6

M60 10000 Meter Run

Name	Age Team	Seed	Finals	Age-Grading	Points
1 Ndlovu, Reform	M61 South Africa		40:19,96	32:37,51 80,59%	10
2 Tredrea, Dave	M60 South Africa		44:13,80	35:46,66 73,49%	8

W35 10000 Yard Run men and woma

Name	Age Team	Seed	Finals	Age-Grading	Points
Results - Women 35					
1 Robberts, Chrizell	W36 South Africa		43,19		

M40 10000 Yard Run men and woma

Name	Age Team	Seed	Finals	Age-Grading	Points
Results - Men 40					
1 Mulder, Daryl	M43 South Africa		44,55		

W45 10000 Yard Run men and woma

Name	Age Team	Seed	Finals	Age-Grading	Points
Results - Women 45					
1 Prinsloo, Corne	W47 South Africa		45,11		
2 Oberholzer, Helena	W46 South Africa		47,10		
3 Dersley, Jacqueline	W45 South Africa		47,33		
4 Ware, Kutre Dulecha	W45 Ethiopia		50,48		

M50 10000 Yard Run men and woma

Name	Age Team	Seed	Finals	Age-Grading	Points
Results - Men 50					
1 Joubert, Johan	M51 South Africa		44,59		
2 Verster, Ronnie	M54 South Africa		50,57		

AFMA Championship - 2023/11/16 to 2023/11/18

AFMA

Pilditch

Results - Age Grading: 5 Yr Indiv & 5 yr Multi

W50 10000 Yard Run men and woma

Name	Age Team	Seed	Finals	Age-Grading Points
Results - Women 50				
1 Thomas, Ronel	W51 South Africa		45,16	
2 Eybers, Sunet	W50 South Africa		47,39	

M55 10000 Yard Run men and woma

Name	Age Team	Seed	Finals	Age-Grading Points
Results - Men 55				
1 Kelly, Percy	M58 South Africa		42,11	

M60 10000 Yard Run men and woma

Name	Age Team	Seed	Finals	Age-Grading Points
Results - Men 60				
1 Gegan, Sydney	M61 South Africa		50,48	

W65 10000 Yard Run men and woma

Name	Age Team	Seed	Finals	Age-Grading Points
Results - Women 65				
1 Boesenberg, Martie	W66 South Africa		59,41	

W70 10000 Yard Run men and woma

Name	Age Team	Seed	Finals	Age-Grading Points
Results - Women 70				
1 Greenblatt, Elaine	W74 South Africa		1:13,50	

M70 10000 Yard Run men and woma

Name	Age Team	Seed	Finals	Age-Grading Points
Results - Men 70				
1 Maphangulo, David	M70 South Africa		45,37	

M35 Half Marathon men and woma

Name	Age Team	Seed	Finals	Age-Grading Points
Results - Men 35				
1 Sekgabebe, Pogeso	M39 South Africa		1:36,00	1:35,55642,71%
2 Ndwangu, Sandile	M39 South Africa		1:39,30	1:38,84521,65%

AFMA Championship - 2023/11/16 to 2023/11/18

AFMA

Pilditch

Results - Age Grading: 5 Yr Indiv & 5 yr Multi

W35 Half Marathon men and woma

Name	Age Team	Seed	Finals	Age-Grading Points
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Results - Women 35

1 Swanepoel, Maryna	W37 South Africa		1:52,06	1:49,85524,01%
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M40 Half Marathon men and woma

Name	Age Team	Seed	Finals	Age-Grading Points
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Results - Men 40

1 Broers, Neil	M42 South Africa		1:25,30	1:22,00246,19%
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W40 Half Marathon men and woma

Name	Age Team	Seed	Finals	Age-Grading Points
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Results - Women 40

1 Boyise, Ongeziwe	W40 South Africa		1:59,24	1:52,75433,41%
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M45 Half Marathon men and woma

Name	Age Team	Seed	Finals	Age-Grading Points
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Results - Men 45

1 Van Vuuren, Rupert	M49 South Africa		1:32,50	1:25,77058,38%
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M50 Half Marathon men and woma

Name	Age Team	Seed	Finals	Age-Grading Points
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Results - Men 50

1 Manyaka, Philimon	M50 South Africa		1:25,45	1:16,35559,39%
2 Locker, Trevor	M53 South Africa		1:40,12	1:29,45891,33%
3 Modise, Norman	M50 South Africa		1:48,34	1:36,80596,09%

M55 Half Marathon men and woma

Name	Age Team	Seed	Finals	Age-Grading Points
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Results - Men 55

1 Roets, Kobus	M57 South Africa		1:35,33	1:21,97247,35%
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W55 Half Marathon men and woma

Name	Age Team	Seed	Finals	Age-Grading Points
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Results - Women 55

1 Pretorius, Elmarie	W57 South Africa		1:48,28	1:29,94303,66%
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AFMA Championship - 2023/11/16 to 2023/11/18

AFMA

Pilditch

Results - Age Grading: 5 Yr Indiv & 5 yr Multi

M60 Half Marathon men and woma

Name	Age Team	Seed	Finals	Age-Grading Points
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Results - Men 60

1 Letlape, Elias	M64 South Africa		1:49,27	1:30,31854,67%
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W60 Half Marathon men and woma

Name	Age Team	Seed	Finals	Age-Grading Points
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Results - Women 60

1 Geyer, Mariet	W64 South Africa		2:17,00	1:48,08581,75%
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W65 Half Marathon men and woma

Name	Age Team	Seed	Finals	Age-Grading Points
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Results - Women 65

1 Mouton, Christa	W66 South Africa		3:11,08	2:22,49716,66%
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W40 80 Short Hurdles

Name	Age Team	Seed	Finals	Wind	Age-Grading Points
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Finals

1 Smit, Ascha-Alicia	W44 South Africa		13,69	-0.4	13,70 89,19% 10
2 Du Toit, Yolande	W41 South Africa		14,02	-0.4	14,03 87,09% 8

W45 80 Short Hurdles

Name	Age Team	Seed	Finals	Wind	Age-Grading Points
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1 Hutchinson, Shona	W49 South Africa		13,37	-0.4	13,38 91,32% 10
2 De Villiers, Azel	W48 South Africa		17,50	-0.4	17,51 69,77% 8

W50 80 Short Hurdles

Name	Age Team	Seed	Finals	Wind	Age-Grading Points
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1 Staal, Michelle	W51 South Africa		14,48	-0.4	14,49 84,32% 10
2 Labuschagne, Celeste	W52 South Africa		14,98	-0.4	14,99 81,51% 8

W55 80 Short Hurdles

Name	Age Team	Seed	Finals	Wind	Age-Grading Points
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1 Barnard, Charmain	W55 South Africa		13,87	-0.4	13,88 88,03% 10
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W60 80 Short Hurdles

Name	Age Team	Seed	Finals	Wind	Age-Grading Points
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1 Schmelzer, Tessa	W63 South Africa		16,01	-0.4	16,02 76,26% 10
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AFMA Championship - 2023/11/16 to 2023/11/18**AFMA****Pilditch****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****M80 80 Short Hurdles**

Name	Age Team	Seed	Finals	Wind	Age-Grading	Points
1 Stuart, Les	M81 South Africa		20,19	NWI	20,20 63,94%	10

M85 80 Short Hurdles

Name	Age Team	Seed	Finals	Wind	Age-Grading	Points
1 Miekautsch, Hans	M85 South Africa		24,80	NWI	24,81 52,06%	10

M55 100 Short Hurdles

Name	Age Team	Seed	Finals	Wind	Age-Grading	H#	Points
1 Russell, Scott	M55 South Africa		17,38	NWI	17,39 74,28%	2	10
2 Bartleman, Andre	M57 South Africa		21,69	NWI	21,70 59,52%	2	8

M60 100 Short Hurdles

Name	Age Team	Seed	Finals	Wind	Age-Grading	Points
1 Randaru, Ulo	M62 Estonia		19,31	NWI	19,32 66,86%	10
2 Baranzke, Martin	M60 Germany		21,97	NWI	21,98 58,76%	8

M65 100 Short Hurdles

Name	Age Team	Seed	Finals	Wind	Age-Grading	Points
1 Gouws, Johan	M65 South Africa		20,71	NWI	20,72 62,34%	10
2 Du Toit, Sarel	M68 South Africa		22,59	NWI	22,60 57,15%	8
3 Schoeman, At	M67 South Africa		31,56	NWI	31,57 40,91%	6

M45 110 Short Hurdles

Name	Age Team	Seed	Finals	Wind	Age-Grading	Points
1 Steyn, Johan	M47 Namibia		18,65	NWI	18,66 69,22%	10
2 Vosloo, Riaan	M48 South Africa		20,12	NWI	20,13 64,17%	8

W50 300 Long Hurdles

Name	Age Team	Seed	Finals	Age-Grading	Points
1 Staal, Michelle	W51 South Africa		53,29	53,30 98,22%	10
2 Labuschagne, Celeste	W52 South Africa		57,92	57,93 90,37%	8

M60 300 Long Hurdles

Name	Age Team	Seed	Finals	Age-Grading	Points
1 Randaru, Ulo	M62 Estonia		53,90	53,91 86,79%	10

AFMA Championship - 2023/11/16 to 2023/11/18**AFMA****Pilditch****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****M65 300 Long Hurdles**

Name	Age Team	Seed	Finals	Age-Grading	Points
1 Du Toit, Sarel	M68 South Africa		56,45	56,46 82,87%	10
2 Rawlins, Patrick	M66 South Africa		1:02,98	1:02,99 74,28%	8
3 Williams, Pieter	M66 South Africa		1:05,30	1:05,31 71,64%	6

M40 400 Long Hurdles

Name	Age Team	Seed	Finals	Age-Grading	Points
1 Koekemoer, Pieter	M41 South Africa		55,25	55,26 84,67%	10

M45 400 Long Hurdles

Name	Age Team	Seed	Finals	Age-Grading	Points
1 Venter, Jannie	M47 South Africa		1:03,17	1:03,18 74,05%	10
2 Vosloo, Riaan	M48 South Africa		1:08,82	1:08,83 67,97%	8

M50 400 Long Hurdles

Name	Age Team	Seed	Finals	Age-Grading	Points
1 Van Zyl, Dana	M50 South Africa		1:07,12	1:07,13 69,70%	10
2 Dmitry, Yakhin	M53 Other Country		1:07,28	1:07,29 69,53%	8

M55 400 Long Hurdles

Name	Age Team	Seed	Finals	Age-Grading	Points
1 Fourie, David	M57 South Africa		1:03,67	1:03,68 73,47%	10
2 Bartleman, Andre	M57 South Africa		1:28,76	1:28,77 52,70%	8

W40 2000 Meter Steeplechase

Name	Age Team	Seed	Finals	Age-Grading	Points
1 Scheffer, Leilani	W40 South Africa		7:22,06	7:22,07 122,52%	10
2 Labuschagne, Amanda	W43 South Africa		9:58,89	9:58,90 90,43%	8

W50 2000 Meter Steeplechase

Name	Age Team	Seed	Finals	Age-Grading	Points
1 Blignaut, Tania	W51 South Africa		9:17,82	9:17,83 97,09%	10

W55 2000 Meter Steeplechase

Name	Age Team	Seed	Finals	Age-Grading	Points
1 Venter, Laura	W58 South Africa		11:50,30	11:50,31 76,25%	10

AFMA Championship - 2023/11/16 to 2023/11/18**AFMA****Pilditch****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****W60 2000 Meter Steeplechase**

Name	Age Team	Seed	Finals	Age-Grading	Points
1 Le Roux, Teresa	W60 South Africa		12:13,60	12:13,61	73,83% 10
2 Pretorius, Riemke	W60 South Africa		14:54,26	14:54,27	60,56% 8

W65 2000 Meter Steeplechase

Name	Age Team	Seed	Finals	Age-Grading	Points
1 Fischer, Lynette	W65 South Africa		10:32,24	10:32,25	85,66% 10
2 Mouton, Christa	W66 South Africa		15:31,30	15:31,31	58,15% 8

M60 2000 Meter Steeplechase

Name	Age Team	Seed	Finals	Age-Grading	Points
1 Gregan, Sydney	M61 South Africa		11:21,64	11:21,65	69,48% 10

M65 2000 Meter Steeplechase

Name	Age Team	Seed	Finals	Age-Grading	Points
1 Schmelzer, Warren	M69 South Africa		8:05,84	8:05,85	97,49% 10
2 Stiglingh, Sticks	M69 South Africa		9:35,63	9:35,64	82,28% 8
3 Rawlins, Patrick	M66 South Africa		9:55,55	9:55,56	79,53% 6
4 Schoeman, At	M67 South Africa		12:30,17	12:30,18	63,14% 5

M70 2000 Meter Steeplechase

Name	Age Team	Seed	Finals	Age-Grading	Points
1 Van Niekerk, Machiel	M72 South Africa		11:50,31	11:50,32	66,68% 10

M80 2000 Meter Steeplechase

Name	Age Team	Seed	Finals	Age-Grading	Points
1 Schickert, Bob	M82 Australia		16:35,53	16:35,54	47,58% 10

M35 3000 Meter Steeplechase

Name	Age Team	Seed	Finals	Age-Grading	Points
1 Barnard, Christiaan	M37 South Africa		13:51,30	13:51,31	56,97% 10

M40 3000 Meter Steeplechase

Name	Age Team	Seed	Finals	Age-Grading	Points
1 Dyubele, Melikhaya	M43 South Africa		12:45,03	12:45,04	61,91% 10

AFMA Championship - 2023/11/16 to 2023/11/18**AFMA****Pilditch****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****M45 3000 Meter Steeplechase**

Name	Age Team	Seed	Finals	Age-Grading	Points
1 Van der Walt, Tjaart	M45 South Africa		11:39,15	11:39,16 67,74%	10
2 Van Vuuren, Rupert	M49 South Africa		12:53,24	12:53,25 61,25%	8

M50 3000 Meter Steeplechase

Name	Age Team	Seed	Finals	Age-Grading	Points
1 Moagi, Moeketsi	M54 South Africa		11:35,67	11:35,68 68,08%	10
2 Kanouni, Youssef	M50 South Africa		14:22,83	14:22,84 54,89%	8

M55 3000 Meter Steeplechase

Name	Age Team	Seed	Finals	Age-Grading	Points
1 De Villiers, Dawie	M57 South Africa		12:55,08	12:55,09 61,11%	10
2 De Beer, Solomon	M57 South Africa		14:59,62	14:59,63 52,65%	8

W35 High Jump

Name	Age Team	Seed	Finals	Age-Grading	Points
1 Krugell, Berne	W36 South Africa		1,50m	1,53m 73,17%	6,60
1 Botha, Mariette	W39 South Africa		1,50m	1,53m 73,17%	6,60

W40 High Jump

Name	Age Team	Seed	Finals	Age-Grading	Points
1 Labuschagne, Amanda	W43 South Africa		1,35m	1,44m 69,23%	10

W45 High Jump

Name	Age Team	Seed	Finals	Age-Grading	Points
1 Van Langelaar, Yolanda	W47 South Africa		1,50m	1,68m 80,65%	10

W50 High Jump

Name	Age Team	Seed	Finals	Age-Grading	Points
1 Staal, Michelle	W51 South Africa		1,35m	1,59m 76,27%	10
2 Shaik, Carmila	W50 South Africa		1,20m	1,41m 67,80%	8

W55 High Jump

Name	Age Team	Seed	Finals	Age-Grading	Points
1 Heymans, Dinah	W56 South Africa		1,49m	1,85m 88,69%	10

AFMA Championship - 2023/11/16 to 2023/11/18**AFMA****Pilditch****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****W60 High Jump**

Name	Age	Team	Seed	Finals	Age-Grading	Points
1 Schmelzer, Tessa	W63	South Africa		1,30m	1,69m 81,25%	10
2 J van Rensburg, Leoni	W61	Namibia		1,05m	1,37m 65,63%	8

M40 High Jump

Name	Age	Team	Seed	Finals	Age-Grading	Points
1 Fletcher, Raymond	M43	South Africa		1,95m	2,07m 84,78%	8
1 Lamprecht, Mihciel	M42	South Africa		1,95m	2,07m 84,78%	8

M45 High Jump

Name	Age	Team	Seed	Finals	Age-Grading	Points
1 Van der Walt, Phillip	M47	South Africa		1,90m	2,12m 86,36%	10
2 Burger, Pieter	M45	Namibia		1,65m	1,84m 75,00%	8

M50 High Jump

Name	Age	Team	Seed	Finals	Age-Grading	Points
1 Putter, Danie	M51	South Africa		1,57m	1,84m 75,12%	10

M55 High Jump

Name	Age	Team	Seed	Finals	Age-Grading	Points
1 Gutsche, Johan	M57	South Africa		1,72m	2,12m 86,43%	10
2 Scheepers, Anton	M55	South Africa		1,51m	1,86m 75,88%	8
3 Lombard, Bertus	M55	South Africa		1,43m	1,76m 71,86%	6
4 Bartleman, Andre	M57	South Africa		1,37m	1,68m 68,84%	5

M60 High Jump

Name	Age	Team	Seed	Finals	Age-Grading	Points
1 Bredeveltdt, Neal	M62	South Africa		1,61m	2,08m 85,19%	10

M65 High Jump

Name	Age	Team	Seed	Finals	Age-Grading	Points
1 Gouws, Johan	M65	South Africa		1,51m	2,06m 84,36%	10
2 Du Toit, Sarel	M68	South Africa		1,46m	1,99m 81,56%	8
3 Mourali, Said	M65	Tunisia		1,31m	1,79m 73,18%	6

M70 High Jump

Name	Age	Team	Seed	Finals	Age-Grading	Points
1 Raig, Ivar	M70	Estonia		1,28m	1,84m 75,29%	10

AFMA Championship - 2023/11/16 to 2023/11/18**AFMA****Pilditch****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****W35 Pole Vault**

Name	Age Team	Seed	Finals	Age-Grading Points
1 Meyer, Soandri	W35 South Africa		3,50m	3,50m 69,31% 10
2 Steciuk, Johanna	W36 Mauritius		2,20m	2,20m 43,56% 8

W45 Pole Vault

Name	Age Team	Seed	Finals	Age-Grading Points
1 Strydom, Ida-Marie	W48 South Africa		3,00m	3,39m 66,96% 10

W50 Pole Vault

Name	Age Team	Seed	Finals	Age-Grading Points
1 Du Toit, Dorita	W52 South Africa		2,70m	3,24m 64,29% 10

M40 Pole Vault

Name	Age Team	Seed	Finals	Age-Grading Points
1 Steciuk, Damien	M41 Mauritius		3,50m	3,74m 60,66% 10

M55 Pole Vault

Name	Age Team	Seed	Finals	Age-Grading Points
1 Scheepers, Anton	M55 South Africa		2,80m	3,60m 58,33% 10

M65 Pole Vault

Name	Age Team	Seed	Finals	Age-Grading Points
1 Mourali, Said	M65 Tunisia		2,10m	3,11m 50,48% 10

M75 Pole Vault

Name	Age Team	Seed	Finals	Age-Grading Points
1 de Senneville, Jean-Mich	M75 South Africa		2,70m	4,72m 76,49% 10

W40 Long Jump

Name	Age Team	Seed	Finals	Wind	Age-Grading Points
1 Smit, Ascha-Alicia	W44 South Africa		5,03m	1.4	5,48m 73,97% 10
2 Juries, Tanja	W44 South Africa		4,81m	0.1	5,24m 70,74% 8
3 Beukes, Marissa	W44 South Africa		4,63m	1.7	5,04m 68,09% 6
4 Pretorius, Mareli	W41 South Africa		4,30m	2.0	4,68m 63,24% 5
5 Van Heerden, Elsabe	W42 South Africa		4,09m	0.3	4,46m 60,15% 4

AFMA Championship - 2023/11/16 to 2023/11/18**AFMA****Pilditch****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****W45 Long Jump**

Name	Age Team	Seed	Finals	Wind	Age-Grading	Points
1 Mulatya, Regina	W47 Ken		5,60m	2.2	6,46m 87,09%	10
2 De Villiers, Azel	W48 South Africa		3,91m	0.4	4,51m 60,81%	8

W50 Long Jump

Name	Age Team	Seed	Finals	Wind	Age-Grading	Points
1 Shaik, Carmila	W50 South Africa		4,28m	NWI	5,23m 70,51%	10
2 Staal, Michelle	W51 South Africa		4,10m	NWI	5,01m 67,55%	8

W55 Long Jump

Name	Age Team	Seed	Finals	Wind	Age-Grading	Points
1 Munnik, Philna	W55 South Africa		3,56m	NWI	4,62m 62,24%	10

W60 Long Jump

Name	Age Team	Seed	Finals	Wind	Age-Grading	Points
1 Gouws, Makkie	W62 South Africa		3,32m	NWI	4,58m 61,82%	10
2 J van Rensburg, Leoni	W61 Namibia		2,56m	NWI	3,53m 47,67%	8

W70 Long Jump

Name	Age Team	Seed	Finals	Wind	Age-Grading	Points
1 Ertl, Marion	W71 Germany		3,24m	NWI	5,10m 68,79%	10

M35 Long Jump

Name	Age Team	Seed	Finals	Wind	Age-Grading	Points
1 Vlok, Anton	M39 South Africa		5,90m	0.1	6,12m 68,45%	10
2 Hassan, Qaasim	M39 South Africa		4,92m	-1.0	5,10m 57,08%	8

M45 Long Jump

Name	Age Team	Seed	Finals	Wind	Age-Grading	Points
1 McClintock, Martin	M48 South Africa		6,25m	-0.1	7,25m 81,06%	10
2 Lemmetjies, Eustace	M46 South Africa		5,91m	1.0	6,86m 76,65%	7
2 Cloete, Lester	M46 South Africa		5,91m	0.7	6,86m 76,65%	7

M50 Long Jump

Name	Age Team	Seed	Finals	Wind	Age-Grading	H#	Points
1 Carolan, Adrian	M50 South Africa		5,90m	0.4	7,25m 81,04%	3	10
2 Putter, Danie	M51 South Africa		5,34m	0.4	6,56m 73,35%	3	8
3 Van Zyl, Dana	M50 South Africa		5,28m	0.2	6,49m 72,53%	3	6
4 Breedts, Kobus	M51 South Africa		4,85m	1.3	5,96m 66,62%	3	5

AFMA Championship - 2023/11/16 to 2023/11/18**AFMA****Pilditch****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****...M50 Long Jump**

5 Davids, Elton	M50 South Africa		3,93m	0.5	4,83m	53,98%	3	4
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M55 Long Jump

Name	Age Team	Seed	Finals	Wind	Age-Grading H#	Points
1 Scheepers, Anton	M55 South Africa		5,01m	0.3	6,53m	73,03% 3 10
2 Davids, Martin	M58 South Africa		4,60m	0.3	6,00m	67,06% 3 8
3 Lorrick, Neren	M56 South Africa		4,26m	1.1	5,55m	62,10% 3 6

M60 Long Jump

Name	Age Team	Seed	Finals	Wind	Age-Grading H#	Points
1 Bredeveltdt, Neal	M62 South Africa		4,88m	0.6	6,77m	75,66% 2 10
2 Coetzer, Johann	M64 South Africa		4,75m	1.6	6,59m	73,64% 2 8
3 Baranzke, Martin	M60 Germany		4,52m	1.0	6,27m	70,08% 2 6
4 McBride, Vincent	M60 South Africa		3,63m	+0.0	5,03m	56,28% 2 5

M65 Long Jump

Name	Age Team	Seed	Finals	Wind	Age-Grading H#	Points
1 Gouws, Johan	M65 South Africa		4,14m	-1.1	6,12m	68,43% 2 10

M70 Long Jump

Name	Age Team	Seed	Finals	Wind	Age-Grading	Points
1 Raig, Ivar	M70 Estonia		4,20m	1.6	6,63m	74,07% 10
2 Mentoer, Sakkie	M71 South Africa		3,63m	1.0	5,73m	64,02% 8
3 Heckner, Winfried	M73 Germany		3,41m	0.7	5,38m	60,14% 6
4 Dreyer, Patrick	M74 South Africa		3,35m	2.5	5,28m	59,08% 5

M80 Long Jump

Name	Age Team	Seed	Finals	Wind	Age-Grading	Points
1 Stuart, Les	M81 South Africa		3,10m	-0.4	5,71m	63,92% 10

M85 Long Jump

Name	Age Team	Seed	Finals	Wind	Age-Grading	Points
1 Penberthy, Pearce	M87 South Africa		2,59m	NWI	5,35m	59,82% 10

W35 Triple Jump

Name	Age Team	Seed	Finals	Wind	Age-Grading	Points
1 Steciuk, Johanna	W36 Mauritius		7,77m	-1.7	7,80m	50,32% 10

AFMA Championship - 2023/11/16 to 2023/11/18**AFMA****Pilditch****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****W40 Triple Jump**

Name	Age Team	Seed	Finals	Wind	Age-Grading	Points
1 Van Heerden, Elsabe	W42 South Africa		8,39m	-1.4	8,97m 57,90%	10

W45 Triple Jump

Name	Age Team	Seed	Finals	Wind	Age-Grading	Points
1 Mulatya, Regina	W47 Ken		11,58m	-0.3	13,20m 85,21%	10

W50 Triple Jump

Name	Age Team	Seed	Finals	Wind	Age-Grading	Points
1 Shaik, Carmila	W50 South Africa		7,87m	-0.3	9,57m 61,82%	10
2 Du Toit, Dorita	W52 South Africa		7,86m	2.7	9,56m 61,74%	8

W55 Triple Jump

Name	Age Team	Seed	Finals	Wind	Age-Grading	Points
1 Willemse, Helene	W57 South Africa		7,51m	0.2	9,76m 63,00%	10

W60 Triple Jump

Name	Age Team	Seed	Finals	Wind	Age-Grading	Points
1 Gouws, Makkie	W62 South Africa		7,20m	-2.5	10,00m 64,57%	10

M40 Triple Jump

Name	Age Team	Seed	Finals	Wind	Age-Grading	Points
1 Sewanyane, Jason	M41 South Africa		13,89m	-0.4	14,65m 80,10%	10

M45 Triple Jump

Name	Age Team	Seed	Finals	Wind	Age-Grading	Points
1 Lemmetjies, Eustace	M46 South Africa		11,19m	0.3	12,46m 68,15%	10

M50 Triple Jump

Name	Age Team	Seed	Finals	Wind	Age-Grading	Points
1 Van Zyl, Dana	M50 South Africa		10,13m	NWI	11,95m 65,40%	10
2 Breedt, Kobus	M51 South Africa		8,83m	-0.8	10,42m 57,00%	8

M55 Triple Jump

Name	Age Team	Seed	Finals	Wind	Age-Grading	Points
1 Lorricks, Neren	M56 South Africa		8,33m	-0.1	10,45m 57,17%	10

AFMA Championship - 2023/11/16 to 2023/11/18**AFMA****Pilditch****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****M60 Triple Jump**

Name	Age Team	Seed	Finals	Wind	Age-Grading	Points
1 Smith, Christopher	M61 USA		10,88m	1.7	14,58m	79,77% 10
2 Bredeveltdt, Neal	M62 South Africa		10,28m	-1.1	13,78m	75,37% 8
3 Baranzke, Martin	M60 Germany		9,36m	-0.3	12,54m	68,62% 6
4 McBride, Vincent	M60 South Africa		8,30m	-0.2	11,12m	60,85% 5

M65 Triple Jump

Name	Age Team	Seed	Finals	Wind	Age-Grading	Points
1 Mourali, Said	M65 Tunisia		6,91m	0.6	9,93m	54,32% 10

M85 Triple Jump

Name	Age Team	Seed	Finals	Wind	Age-Grading	Points
1 Penberthy, Pearce	M87 South Africa		5,43m	NWI	11,03m	60,33% 10

W35 Shot Put

Name	Age Team	Seed	Finals	Age-Grading	Points
1 Pubalakan, Tanya	W39 South Africa		12,75m	13,21m	62,23% 10
2 Killian, Ursula	W36 South Africa		11,44m	11,86m	55,83% 8
3 Barnard, Christine	W35 South Africa		8,84m	9,16m	43,14% 6
4 Fourie, Nadine	W35 South Africa		6,99m	7,24m	34,11% 5

W40 Shot Put

Name	Age Team	Seed	Finals	Age-Grading	Points
1 Gerstner, Juanita	W40 South Africa		10,19m	11,37m	53,55% 10
2 Kerubo, Rebecca	W41 Ken		9,38m	10,47m	49,29% 8
3 Albertyn, Este	W40 South Africa		9,02m	10,06m	47,40% 6
4 Compion, Maria	W42 South Africa		8,66m	9,66m	45,51% 5

W45 Shot Put

Name	Age Team	Seed	Finals	Age-Grading	Points
1 De Villiers, Azel	W48 South Africa		9,22m	11,12m	52,36% 10
2 Strauss, Michelle	W49 South Africa		8,71m	10,50m	49,46% 8
3 Blaauw, Anja	W49 South Africa		7,91m	9,54m	44,92% 6
4 Oberholzer, Helena	W46 South Africa		6,74m	8,12m	38,27% 5

W50 Shot Put

Name	Age Team	Seed	Finals	Age-Grading	Points
1 Jordaan, Antonette	W51 South Africa		11,18m	12,66m	59,63% 10
2 Fleming, Daleen	W51 South Africa		9,90m	11,21m	52,80% 8
3 Cilliers, Angela	W54 South Africa		8,94m	10,12m	47,68% 6
4 Louw, Marisa	W53 South Africa		8,53m	9,66m	45,49% 5

AFMA Championship - 2023/11/16 to 2023/11/18**AFMA****Pilditch****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****...W50 Shot Put**

5 Scholtz, Gloria	W54	South Africa	8,48m	9,60m	45,23%	4
6 Messias, Louise	W54	South Africa	8,20m	9,29m	43,73%	3
7 Snyders, Margaret	W52	South Africa	6,67m	7,55m	35,57%	2

W55 Shot Put

Name	Age	Team	Seed	Finals	Age-Grading	Points
1 Barnard, Charmain	W55	South Africa		11,57m	14,28m 67,27%	10
2 Knobel, Heleen	W58	South Africa		10,60m	13,08m 61,63%	8
3 Petrenko, Svetlana	W57	Other Country		10,22m	12,61m 59,42%	6
4 Flynn, Judy	W57	South Africa		9,41m	11,61m 54,71%	5
5 De Bryun, Sonja	W56	South Africa		8,03m	9,91m 46,69%	4
6 Pretorius, Engelina	W58	South Africa		8,02m	9,90m 46,63%	3
7 Ruck, Celeste	W58	South Africa		7,91m	9,76m 45,99%	2
8 Bezuidenhout, Elize	W57	South Africa		5,99m	7,39m 34,83%	1
9 Swartz, Rentia	W55	South Africa		5,62m	6,93m 32,67%	

W60 Shot Put

Name	Age	Team	Seed	Finals	Age-Grading	Points
1 Dramat, Farieda	W64	South Africa		8,77m	11,86m 55,90%	10
2 Smit, Jackie	W60	South Africa		8,30m	11,23m 52,90%	8
3 Bratkina, Tatiana	W60	Other Country		7,31m	9,89m 46,59%	6
4 Claassen, Zelda	W63	South Africa		6,65m	9,00m 42,38%	5

W65 Shot Put

Name	Age	Team	Seed	Finals	Age-Grading	Points
1 Cloete, Joey	W66	South Africa		7,76m	11,59m 54,57%	10
2 Gurtsieva, Olga	W65	Other Country		7,07m	10,56m 49,72%	8
3 Du Toit, Baby	W66	South Africa		6,64m	9,91m 46,69%	6

W70 Shot Put

Name	Age	Team	Seed	Finals	Age-Grading	Points
1 Griesel, Ronel	W70	South Africa		7,74m	12,87m 60,61%	10
2 Ferreira, Mercia	W74	South Africa		7,39m	12,29m 57,87%	8
3 Durant, Marita	W72	South Africa		6,79m	11,29m 53,17%	6
4 Van Eck, Suzi	W74	South Africa		5,97m	9,92m 46,75%	5

W75 Shot Put

Name	Age	Team	Seed	Finals	Age-Grading	Points
1 Fourie, Ena	W75	South Africa		8,86m	13,53m 63,74%	10
2 Ludick, Ria	W76	South Africa		7,33m	11,20m 52,73%	8

AFMA Championship - 2023/11/16 to 2023/11/18**AFMA****Pilditch****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****W80 Shot Put**

Name	Age	Team	Seed	Finals	Age-Grading	Points
1 England, Penelope	W82	South Africa		7,00m	12,20m 57,47%	10

M35 Shot Put

Name	Age	Team	Seed	Finals	Age-Grading	Points
1 Theron, Barend	M35	South Africa		11,58m	12,11m 52,88%	10

M45 Shot Put

Name	Age	Team	Seed	Finals	Age-Grading	Points
1 Potgieter, Willem	M49	South Africa		12,91m	15,32m 66,86%	10
2 Kirstein, Jaco	M45	South Africa		9,59m	11,38m 49,66%	8
3 Nolte, Schalkwi	M48	South Africa		8,17m	9,69m 42,31%	6
4 Pool, Jaco	M46	South Africa		7,29m	8,65m 37,75%	5

M50 Shot Put

Name	Age	Team	Seed	Finals	Age-Grading	Points
1 Heyns, JD	M52	South Africa		15,75m	18,19m 79,43%	10
2 Van Zyl, Awie	M50	South Africa		14,40m	16,63m 72,62%	8
3 Venter, Martin	M53	South Africa		14,24m	16,44m 71,81%	6
4 Watson, Rowan	M53	South Africa		13,65m	15,76m 68,84%	5
5 Swanepoel, Jan	M52	South Africa		12,70m	14,66m 64,04%	4
6 Davids, Elton	M50	South Africa		8,32m	9,61m 41,96%	3

M55 Shot Put

Name	Age	Team	Seed	Finals	Age-Grading	Points
1 Scheepers, Conradie	M56	South Africa		14,40m	17,88m 78,05%	10
2 Du Toit, Johann	M56	South Africa		12,67m	15,73m 68,67%	8
3 Mulder, Francois	M56	South Africa		11,14m	13,83m 60,38%	6
4 Van der Walt, Stephen-Jo	M55	South Africa		8,22m	10,20m 44,55%	5

M60 Shot Put

Name	Age	Team	Seed	Finals	Age-Grading	Points
1 Haupt, Burton	M62	South Africa		13,89m	17,01m 74,28%	10
2 Bezuidenhout, Vic	M61	South Africa		11,83m	14,49m 63,26%	8
3 Baranzke, Martin	M60	Germany		10,47m	12,82m 55,99%	6
4 Van der Westhuizen, Euge	M63	South Africa		5,42m	6,64m 28,98%	5

M65 Shot Put

Name	Age	Team	Seed	Finals	Age-Grading	Points
1 Kichenbrand, Stephen	M66	South Africa		10,94m	14,56m 63,60%	10
2 Myburgh, Buks	M68	Namibia		9,01m	11,99m 52,38%	8

AFMA Championship - 2023/11/16 to 2023/11/18**AFMA****Pilditch****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****M70 Shot Put**

Name	Age	Team	Seed	Finals	Age-Grading	Points
1 Lombard, Willie	M72	South Africa		10,39m	13,54m 59,13%	10
2 Heckner, Winfried	M73	Germany		7,71m	10,05m 43,88%	8
3 Basson, Hendrick	M74	South Africa		6,27m	8,17m 35,69%	6

M75 Shot Put

Name	Age	Team	Seed	Finals	Age-Grading	Points
1 Markotter, Hein	M77	South Africa		8,92m	12,83m 55,99%	10

W35 Discus Throw

Name	Age	Team	Seed	Finals	Age-Grading	Points
1 Killian, Ursula	W36	South Africa		42,18m	42,18m 59,07%	10
2 Pubalakan, Tanya	W39	South Africa		33,23m	33,23m 46,53%	8
3 Steciuk, Johanna	W36	Mauritius		20,02m	20,02m 28,04%	6

W40 Discus Throw

Name	Age	Team	Seed	Finals	Age-Grading	Points
1 Gerstner, Juanita	W40	South Africa		30,74m	32,99m 46,20%	10
2 Albertyn, Este	W40	South Africa		26,43m	28,36m 39,73%	8

W45 Discus Throw

Name	Age	Team	Seed	Finals	Age-Grading	Points
1 Strauss, Michelle	W49	South Africa		26,98m	31,76m 44,48%	10
2 De Villiers, Azel	W48	South Africa		24,60m	28,95m 40,55%	8
3 Blaauw, Anja	W49	South Africa		22,58m	26,58m 37,22%	6

W50 Discus Throw

Name	Age	Team	Seed	Finals	Age-Grading	Points
1 Fleming, Daleen	W51	South Africa		33,40m	43,24m 60,56%	10
2 Jordaan, Antonette	W51	South Africa		31,70m	41,04m 57,48%	8
3 Cilliers, Angela	W54	South Africa		25,30m	32,76m 45,87%	6
4 Scholtz, Gloria	W54	South Africa		21,55m	27,90m 39,08%	5
5 Messias, Louise	W54	South Africa		18,73m	24,25m 33,96%	4
6 Snyders, Margaret	W52	South Africa		14,77m	19,12m 26,78%	3

W55 Discus Throw

Name	Age	Team	Seed	Finals	Age-Grading	Points
1 Knobel, Heleen	W58	South Africa		31,05m	44,40m 62,17%	10
2 Petrenko, Svetlana	W57	Other Country		22,40m	32,03m 44,85%	8
3 Vosloo, Susanna	W55	South Africa		17,94m	25,65m 35,92%	6
4 De Bryun, Sonja	W56	South Africa		17,40m	24,88m 34,84%	5

AFMA Championship - 2023/11/16 to 2023/11/18**AFMA****Pilditch****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****...W55 Discus Throw**

5	Bezuidenhout, Elize	W57	South Africa	16,92m	24,19m	33,88%	4
6	Pretorius, Engelina	W58	South Africa	15,83m	22,63m	31,70%	3
7	Swartz, Rentia	W55	South Africa	11,63m	16,63m	23,29%	2
8	Mentoor, Patricia	W56	South Africa	10,21m	14,60m	20,44%	1

W60 Discus Throw

Name	Age	Team	Seed	Finals	Age-Grading	Points
1 Smit, Jackie	W60	South Africa		23,40m	37,14m 52,01%	10
2 Smit-Harmse, Corne	W61	Namibia		22,84m	36,25m 50,77%	8
3 Dramat, Farieda	W64	South Africa		21,10m	33,49m 46,90%	6
4 Claassen, Zelda	W63	South Africa		16,70m	26,50m 37,12%	5
5 Le Roux, Veronica	W61	South Africa		13,34m	21,17m 29,65%	4

W65 Discus Throw

Name	Age	Team	Seed	Finals	Age-Grading	Points
1 Gurtsieva, Olga	W65	Other Country		24,61m	43,64m 61,11%	10
2 Du Toit, Baby	W66	South Africa		19,05m	33,78m 47,31%	8
3 Cloete, Joey	W66	South Africa		16,78m	29,75m 41,67%	6

W70 Discus Throw

Name	Age	Team	Seed	Finals	Age-Grading	Points
1 Ferreira, Mercia	W74	South Africa		17,66m	35,29m 49,43%	10
2 Griesel, Ronel	W70	South Africa		16,88m	33,73m 47,24%	8
3 Ertl, Marion	W71	Germany		15,00m	29,97m 41,98%	6
4 Van Eck, Suzi	W74	South Africa		14,54m	29,05m 40,69%	5
5 Van der Walt, Miggie	W72	South Africa		14,12m	28,21m 39,52%	4
6 Durant, Marita	W72	South Africa		14,09m	28,15m 39,43%	3
7 Du Toit, Aletta	W72	South Africa		12,85m	25,68m 35,96%	2
8 Dokter, Welize	W72	South Africa		11,46m	22,90m 32,07%	1

W75 Discus Throw

Name	Age	Team	Seed	Finals	Age-Grading	Points
1 Fourie, Ena	W75	South Africa		17,11m	33,73m 47,24%	10
2 Ludick, Ria	W76	South Africa		16,44m	32,41m 45,39%	8
3 Grobler, Babsie	W79	South Africa		14,35m	28,29m 39,62%	6
4 Grobbelaar, Elize	W78	South Africa		13,30m	26,22m 36,72%	5

W80 Discus Throw

Name	Age	Team	Seed	Finals	Age-Grading	Points
1 England, Penelope	W82	South Africa		16,52m	37,64m 52,71%	10

AFMA Championship - 2023/11/16 to 2023/11/18**AFMA****Pilditch****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****M35 Discus Throw**

Name	Age	Team	Seed	Finals	Age-Grading	Points
1 Theron, Barend	M35	South Africa		32,48m	32,48m 45,20%	10
2 Van Wyk, William	M38	Namibia		29,36m	29,36m 40,86%	8

M40 Discus Throw

Name	Age	Team	Seed	Finals	Age-Grading	Points
1 Walters, Willem	M40	South Africa		39,33m	40,06m 55,76%	10
2 Steciuk, Damien	M41	Mauritius		23,58m	24,02m 33,43%	8
3 Roux, Jacobus	M42	Namibia		22,37m	22,78m 31,71%	6

M45 Discus Throw

Name	Age	Team	Seed	Finals	Age-Grading	Points
1 Potgieter, Willem	M49	South Africa		39,23m	42,58m 59,27%	10
2 Botha, Bennie	M45	South Africa		29,61m	32,14m 44,73%	8
3 Nolte, Schalkwi	M48	South Africa		28,37m	30,79m 42,86%	6
4 Pool, Jaco	M46	South Africa		17,56m	19,06m 26,53%	5

M50 Discus Throw

Name	Age	Team	Seed	Finals	Age-Grading	Points
1 Swanepoel, Jan	M52	South Africa		47,59m	47,96m 66,75%	10
2 Van Zyl, Awie	M50	South Africa		45,20m	45,55m 63,39%	8
3 Watson, Rowan	M53	South Africa		44,28m	44,62m 62,10%	6
4 Venter, Martin	M53	South Africa		39,76m	40,07m 55,76%	5
5 Mostert, Henri	M50	South Africa		38,45m	38,74m 53,93%	4
6 Solomons, Anthony	M53	South Africa		35,67m	35,94m 50,03%	3

M55 Discus Throw

Name	Age	Team	Seed	Finals	Age-Grading	Points
1 Du Toit, Johann	M56	South Africa		42,78m	46,51m 64,73%	10
2 Mulder, Francois	M56	South Africa		37,35m	40,61m 56,51%	8

M60 Discus Throw

Name	Age	Team	Seed	Finals	Age-Grading	Points
1 Haupt, Burton	M62	South Africa		46,97m	45,34m 63,10%	10
2 Bezuidenhout, Vic	M61	South Africa		39,48m	38,11m 53,04%	8
3 Ras, Peter	M61	South Africa		36,34m	35,07m 48,82%	6
4 Smit, Johan	M63	South Africa		34,60m	33,39m 46,48%	5
5 Baranzke, Martin	M60	Germany		27,56m	26,60m 37,02%	4

AFMA Championship - 2023/11/16 to 2023/11/18**AFMA****Pilditch****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****M65 Discus Throw**

Name	Age	Team	Seed	Finals	Age-Grading	Points
1 Kichenbrand, Stephen	M66	South Africa		39,19m	41,50m 57,75%	10
2 Myburgh, Buks	M68	Namibia		30,23m	32,01m 44,55%	8
3 Williams, Pieter	M66	South Africa		25,28m	26,77m 37,25%	6

M70 Discus Throw

Name	Age	Team	Seed	Finals	Age-Grading	Points
1 Lombard, Willie	M72	South Africa		29,42m	34,55m 48,09%	10
2 Dokter, Piet	M70	South Africa		23,17m	27,21m 37,87%	8
3 Basson, Hendrick	M74	South Africa		18,32m	21,51m 29,94%	6

M75 Discus Throw

Name	Age	Team	Seed	Finals	Age-Grading	Points
1 Markotter, Hein	M77	South Africa		26,45m	34,92m 48,60%	10

W35 Hammer Throw

Name	Age	Team	Seed	Finals	Age-Grading	Points
1 Pubalakan, Tanya	W39	South Africa		46,88m	49,56m 59,73%	10
2 Killian, Ursula	W36	South Africa		40,80m	43,13m 51,99%	8

W40 Hammer Throw

Name	Age	Team	Seed	Finals	Age-Grading	Points
1 Kerubo, Rebecca	W41	Ken		45,47m	52,81m 63,65%	10
2 Albertyn, Este	W40	South Africa		31,14m	36,17m 43,59%	8

W45 Hammer Throw

Name	Age	Team	Seed	Finals	Age-Grading	Points
1 Strauss, Michelle	W49	South Africa		34,43m	44,02m 53,06%	10
2 De Villiers, Azel	W48	South Africa		29,09m	37,19m 44,83%	8
3 Blaauw, Anja	W49	South Africa		21,15m	27,04m 32,59%	6

W50 Hammer Throw

Name	Age	Team	Seed	Finals	Age-Grading	Points
1 Fleming, Daleen	W51	South Africa		37,06m	45,30m 54,60%	10
2 Jordaan, Antonette	W51	South Africa		35,55m	43,45m 52,37%	8
3 Louw, Marisa	W53	South Africa		35,38m	43,25m 52,12%	6
4 Cilliers, Angela	W54	South Africa		28,60m	34,96m 42,13%	5

AFMA Championship - 2023/11/16 to 2023/11/18**AFMA****Pilditch****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****W55 Hammer Throw**

Name	Age	Team	Seed	Finals	Age-Grading	Points
1 Knobel, Heleen	W58	South Africa		40,76m	55,23m 66,56%	10
2 Petrenko, Svetlana	W57	Other Country		29,21m	39,58m 47,70%	8
3 Bezuidenhout, Elize	W57	South Africa		24,64m	33,38m 40,24%	6
4 Vosloo, Susanna	W55	South Africa		20,43m	27,68m 33,36%	5
5 Pretorius, Engelina	W58	South Africa		20,41m	27,65m 33,33%	4

W60 Hammer Throw

Name	Age	Team	Seed	Finals	Age-Grading	Points
1 Dramat, Farieda	W64	South Africa		27,59m	41,65m 50,20%	10
2 Claassen, Zelda	W63	South Africa		27,48m	41,49m 50,00%	8
3 Smit-Harmse, Corne	W61	Namibia		22,68m	34,24m 41,27%	6
4 Bratkina, Tatiana	W60	Other Country		16,71m	25,23m 30,40%	5

W65 Hammer Throw

Name	Age	Team	Seed	Finals	Age-Grading	Points
1 Gurtsieva, Olga	W65	Other Country		29,34m	49,70m 59,90%	10
2 Du Toit, Baby	W66	South Africa		22,29m	37,75m 45,51%	8

W70 Hammer Throw

Name	Age	Team	Seed	Finals	Age-Grading	Points
1 Griesel, Ronel	W70	South Africa		21,49m	41,20m 49,66%	10
2 Durant, Marita	W72	South Africa		19,14m	36,70m 44,23%	8
3 Van Eck, Suzi	W74	South Africa		17,82m	34,17m 41,18%	6
4 Du Toit, Aletta	W72	South Africa		17,45m	33,46m 40,33%	5
5 Ferreira, Mercia	W74	South Africa		17,41m	33,38m 40,24%	4

W75 Hammer Throw

Name	Age	Team	Seed	Finals	Age-Grading	Points
1 Fourie, Ena	W75	South Africa		28,32m	47,37m 57,10%	10
2 Grobbelaar, Elize	W78	South Africa		20,28m	33,92m 40,89%	8
3 Ludick, Ria	W76	South Africa		16,88m	28,24m 34,03%	6
4 Grobler, Babsie	W79	South Africa		15,18m	25,39m 30,60%	5

W80 Hammer Throw

Name	Age	Team	Seed	Finals	Age-Grading	Points
1 England, Penelope	W82	South Africa		25,45m	49,52m 59,67%	10

M35 Hammer Throw

Name	Age	Team	Seed	Finals	Age-Grading	Points
1 Theron, Barend	M35	South Africa		32,05m	32,05m 37,77%	10

AFMA Championship - 2023/11/16 to 2023/11/18**AFMA****Pilditch****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****....M35 Hammer Throw**

2	Van Wyk, William	M38	Namibia		28,51m	28,51m	33,60%	8
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M40 Hammer Throw

Name	Age	Team	Seed	Finals	Age-Grading	Points
1 Bekker, Kristiaan	M43	South Africa		51,93m	54,50m	64,23% 10

M45 Hammer Throw

Name	Age	Team	Seed	Finals	Age-Grading	Points
1 Botha, Bennie	M45	South Africa		31,95m	35,75m	42,13% 10
2 Nolte, Schalkwi	M48	South Africa		30,55m	34,18m	40,28% 8
3 Pool, Jaco	M46	South Africa		15,68m	17,54m	20,68% 6

M50 Hammer Throw

Name	Age	Team	Seed	Finals	Age-Grading	Points
1 Venter, Martin	M53	South Africa		52,24m	56,99m	67,17% 10
2 Van Zyl, Awie	M50	South Africa		45,03m	49,13m	57,90% 8
3 Watson, Rowan	M53	South Africa		40,22m	43,88m	51,72% 6
4 Swanepoel, Jan	M52	South Africa		37,98m	41,43m	48,84% 5
5 De Beer, Andre	M54	South Africa		36,29m	39,59m	46,66% 4

M55 Hammer Throw

Name	Age	Team	Seed	Finals	Age-Grading	Points
1 Van Rensburg, Tone	M58	South Africa		42,91m	50,56m	59,58% 10
2 Van der Walt, Stephen-Jo	M55	South Africa		18,34m	21,61m	25,47% 8

M60 Hammer Throw

Name	Age	Team	Seed	Finals	Age-Grading	Points
1 Ras, Peter	M61	South Africa		41,66m	48,77m	57,49% 10
2 Baranzke, Martin	M60	Germany		36,68m	42,94m	50,61% 8
3 Bezuidenhout, Vic	M61	South Africa		36,31m	42,51m	50,10% 6

M65 Hammer Throw

Name	Age	Team	Seed	Finals	Age-Grading	Points
1 Kichenbrand, Stephen	M66	South Africa		41,79m	53,76m	63,36% 10

M70 Hammer Throw

Name	Age	Team	Seed	Finals	Age-Grading	Points
1 Lombard, Willie	M72	South Africa		26,27m	33,58m	39,58% 10

AFMA Championship - 2023/11/16 to 2023/11/18**AFMA****Pilditch****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****M75 Hammer Throw**

Name	Age	Team	Seed	Finals	Age-Grading	Points
1 Markotter, Hein	M77	South Africa		24,88m	35,83m 42,23%	10

W35 Javelin Throw

Name	Age	Team	Seed	Finals	Age-Grading	Points
1 Killian, Ursula	W36	South Africa		33,60m	34,39m 47,59%	10
2 Steciuk, Johanna	W36	Mauritius		21,93m	22,44m 31,06%	8

W40 Javelin Throw

Name	Age	Team	Seed	Finals	Age-Grading	Points
1 Albertyn, Este	W40	South Africa		21,86m	24,69m 34,17%	10
2 Compion, Maria	W42	South Africa		20,60m	23,27m 32,20%	8

W45 Javelin Throw

Name	Age	Team	Seed	Finals	Age-Grading	Points
1 Strauss, Michelle	W49	South Africa		24,80m	30,98m 42,87%	10
2 Blaauw, Anja	W49	South Africa		23,58m	29,46m 40,76%	8
3 De Villiers, Azel	W48	South Africa		16,98m	21,21m 29,35%	6

W50 Javelin Throw

Name	Age	Team	Seed	Finals	Age-Grading	Points
1 Jordaan, Antonette	W51	South Africa		23,00m	29,09m 40,25%	10
2 Scholtz, Gloria	W54	South Africa		19,04m	24,08m 33,32%	8
3 Messias, Louise	W54	South Africa		17,09m	21,61m 29,91%	6
4 Snyders, Margaret	W52	South Africa		12,89m	16,30m 22,56%	5

W55 Javelin Throw

Name	Age	Team	Seed	Finals	Age-Grading	Points
1 Petrenko, Svetlana	W57	Other Country		28,35m	39,90m 55,21%	10
2 Knobel, Heleen	W58	South Africa		28,16m	39,64m 54,84%	8
3 Pretorius, Engelina	W58	South Africa		18,79m	26,45m 36,59%	6
4 De Bryun, Sonja	W56	South Africa		16,71m	23,52m 32,54%	5
5 Bezuidenhout, Elize	W57	South Africa		13,56m	19,08m 26,41%	4
6 Mentoor, Patricia	W56	South Africa		10,15m	14,28m 19,77%	3

W60 Javelin Throw

Name	Age	Team	Seed	Finals	Age-Grading	Points
1 Pietersen, Alet	W62	South Africa		24,00m	37,75m 52,24%	10
2 Bratkina, Tatiana	W60	Other Country		19,78m	31,11m 43,06%	8
3 Gouws, Makkie	W62	South Africa		17,22m	27,09m 37,48%	6
4 Dramat, Farieda	W64	South Africa		13,28m	20,89m 28,91%	5

AFMA Championship - 2023/11/16 to 2023/11/18**AFMA****Pilditch****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****...W60 Javelin Throw**

5 Claassen, Zelda	W63	South Africa		11,62m	18,28m	25,29%	4
6 Le Roux, Veronica	W61	South Africa		9,30m	14,63m	20,24%	3

W65 Javelin Throw

Name	Age	Team	Seed	Finals	Age-Grading	Points
1 Du Toit, Baby	W66	South Africa		16,58m	29,31m 40,56%	10
2 Cloete, Joey	W66	South Africa		14,48m	25,60m 35,42%	8

W70 Javelin Throw

Name	Age	Team	Seed	Finals	Age-Grading	Points
1 Ferreira, Mercia	W74	South Africa		15,70m	31,40m 43,45%	10
2 Griesel, Ronel	W70	South Africa		14,64m	29,28m 40,52%	8
3 Durant, Marita	W72	South Africa		12,60m	25,20m 34,87%	6
4 Van der Walt, Miggie	W72	South Africa		12,12m	24,24m 33,55%	5
5 Van Eck, Suzi	W74	South Africa		11,40m	22,80m 31,55%	4
6 Dokter, Welize	W72	South Africa		11,32m	22,64m 31,33%	3

W75 Javelin Throw

Name	Age	Team	Seed	Finals	Age-Grading	Points
1 Ludick, Ria	W76	South Africa		13,45m	27,47m 38,02%	10
2 Fourie, Ena	W75	South Africa		11,23m	22,94m 31,74%	8
3 Grobler, Babsie	W79	South Africa		8,27m	16,89m 23,37%	6

W80 Javelin Throw

Name	Age	Team	Seed	Finals	Age-Grading	Points
1 England, Penelope	W82	South Africa		13,29m	31,34m 43,37%	10

M35 Javelin Throw

Name	Age	Team	Seed	Finals	Age-Grading	Points
1 Liebenberg, Nico	M39	South Africa		55,64m	58,07m 58,97%	10
2 Van Wyk, William	M38	Namibia		46,61m	48,65m 49,40%	8

M40 Javelin Throw

Name	Age	Team	Seed	Finals	Age-Grading	Points
1 Greeff, John	M42	South Africa		46,97m	52,69m 53,50%	10
2 Young, Tyrone	M41	South Africa		42,99m	48,22m 48,97%	8

M45 Javelin Throw

Name	Age	Team	Seed	Finals	Age-Grading	Points
1 Moolman, Wessel	M46	South Africa		36,21m	43,85m 44,53%	10

AFMA Championship - 2023/11/16 to 2023/11/18**AFMA****Pilditch****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****...M45 Javelin Throw**

2 Nolte, Schalkwi	M48	South Africa		32,54m	39,40m	40,01%	8
3 Michel, Mbah	M45	Cameroon		31,23m	37,81m	38,40%	6
4 Pool, Jaco	M46	South Africa		17,66m	21,38m	21,72%	5

M50 Javelin Throw

Name	Age	Team	Seed	Finals	Age-Grading	Points
1 Mostert, Henri	M50	South Africa		41,29m	50,75m 51,54%	10
2 Venter, Phillip	M51	South Africa		38,27m	47,04m 47,77%	8
3 Venter, Martin	M53	South Africa		38,21m	46,97m 47,70%	6

M55 Javelin Throw

Name	Age	Team	Seed	Finals	Age-Grading	Points
1 Pauer, Wilhelm	M56	South Africa		60,13m	80,72m 81,97%	10
2 Toll, Michael	M59	South Africa		33,88m	45,48m 46,18%	8
3 Van der Walt, Stephen-Jo	M55	South Africa		31,10m	41,75m 42,39%	6
4 Bartleman, Andre	M57	South Africa		28,46m	38,20m 38,79%	5

M60 Javelin Throw

Name	Age	Team	Seed	Finals	Age-Grading	Points
1 Bezuidenhout, Vic	M61	South Africa		36,30m	49,64m 50,41%	10
2 Aspeling, John	M62	South Africa		34,22m	46,79m 47,52%	8

M65 Javelin Throw

Name	Age	Team	Seed	Finals	Age-Grading	Points
1 Kichenbrand, Stephen	M66	South Africa		44,12m	66,99m 68,02%	10
2 Myburgh, Buks	M68	Namibia		31,55m	47,90m 48,64%	8

M70 Javelin Throw

Name	Age	Team	Seed	Finals	Age-Grading	Points
1 Lombard, Willie	M72	South Africa		29,89m	46,52m 47,24%	10
2 Dokter, Piet	M70	South Africa		28,00m	43,58m 44,25%	8

M75 Javelin Throw

Name	Age	Team	Seed	Finals	Age-Grading	Points
1 Markotter, Hein	M77	South Africa		20,90m	37,05m 37,63%	10

M80 Javelin Throw

Name	Age	Team	Seed	Finals	Age-Grading	Points
1 Stuart, Les	M81	South Africa		13,77m	25,33m 25,73%	10

AFMA Championship - 2023/11/16 to 2023/11/18**AFMA****Pilditch****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****W35 Weight Throw**

Name	Age	Team	Seed	Finals	Age-Grading	Points
1 Pubalakan, Tanya	W39	South Africa		15,02m	15,55m 60,76%	10
2 Killian, Ursula	W36	South Africa		14,53m	15,04m 58,78%	8

W40 Weight Throw

Name	Age	Team	Seed	Finals	Age-Grading	Points
1 Kerubo, Rebecca	W41	Ken		15,24m	17,04m 66,58%	10
2 Albertyn, Este	W40	South Africa		10,93m	12,22m 47,75%	8

W45 Weight Throw

Name	Age	Team	Seed	Finals	Age-Grading	Points
1 Strauss, Michelle	W49	South Africa		11,92m	14,45m 56,47%	10
2 De Villiers, Azel	W48	South Africa		11,60m	14,06m 54,95%	8
3 Blaauw, Anja	W49	South Africa		7,26m	8,80m 34,39%	6

W50 Weight Throw

Name	Age	Team	Seed	Finals	Age-Grading	Points
1 Louw, Marisa	W53	South Africa		14,47m	16,70m 65,24%	10
2 Fleming, Daleen	W51	South Africa		13,07m	15,08m 58,93%	8
3 Jordaan, Antonette	W51	South Africa		12,36m	14,26m 55,73%	6
4 Cilliers, Angela	W54	South Africa		10,06m	11,61m 45,36%	5
5 Scholtz, Gloria	W54	South Africa		8,31m	9,59m 37,47%	4
6 Messias, Louise	W54	South Africa		8,28m	9,55m 37,33%	3

W55 Weight Throw

Name	Age	Team	Seed	Finals	Age-Grading	Points
1 Knobel, Heleen	W58	South Africa		12,51m	15,80m 61,75%	10
2 Petrenko, Svetlana	W57	Other Country		9,75m	12,31m 48,12%	7
2 Flynn, Judy	W57	South Africa		9,75m	12,31m 48,12%	7
4 Vosloo, Susanna	W55	South Africa		8,92m	11,26m 44,03%	5
5 Bezuidenhout, Elize	W57	South Africa		7,98m	10,08m 39,39%	4
6 Pretorius, Engelina	W58	South Africa		6,79m	8,57m 33,51%	3

W60 Weight Throw

Name	Age	Team	Seed	Finals	Age-Grading	Points
1 Claassen, Zelda	W63	South Africa		10,98m	12,86m 50,25%	10
2 Dramat, Farieda	W64	South Africa		10,49m	12,28m 48,01%	8
3 Bratkina, Tatiana	W60	Other Country		8,48m	9,93m 38,81%	6

AFMA Championship - 2023/11/16 to 2023/11/18**AFMA****Pilditch****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****W65 Weight Throw**

Name	Age	Team	Seed	Finals	Age-Grading	Points
1 Gurtsieva, Olga	W65	Other Country		11,90m	15,47m 60,44%	10
2 Du Toit, Baby	W66	South Africa		10,28m	13,36m 52,21%	8

W70 Weight Throw

Name	Age	Team	Seed	Finals	Age-Grading	Points
1 Griesel, Ronel	W70	South Africa		8,73m	12,72m 49,72%	10
2 Ferreira, Mercia	W74	South Africa		8,38m	12,21m 47,72%	8
3 Du Toit, Aletta	W72	South Africa		8,06m	11,74m 45,90%	6
4 Van Eck, Suzi	W74	South Africa		7,33m	10,68m 41,74%	5
5 Durant, Marita	W72	South Africa		7,28m	10,61m 41,46%	4

W75 Weight Throw

Name	Age	Team	Seed	Finals	Age-Grading	Points
1 Fourie, Ena	W75	South Africa		11,39m	15,65m 61,14%	10
2 Grobbelaar, Elize	W78	South Africa		9,25m	12,71m 49,65%	8
3 Grobler, Babsie	W79	South Africa		8,21m	11,28m 44,07%	6

W80 Weight Throw

Name	Age	Team	Seed	Finals	Age-Grading	Points
1 England, Penelope	W82	South Africa		10,67m	16,90m 66,03%	10

M35 Weight Throw

Name	Age	Team	Seed	Finals	Age-Grading	Points
1 Theron, Barend	M35	South Africa		12,93m	12,93m 50,00%	10

M40 Weight Throw

Name	Age	Team	Seed	Finals	Age-Grading	Points
1 Bekker, Kristiaan	M43	South Africa		15,92m	16,98m 65,68%	10

M45 Weight Throw

Name	Age	Team	Seed	Finals	Age-Grading	Points
1 Botha, Bennie	M45	South Africa		11,47m	13,08m 50,60%	10
2 Nolte, Schalkwi	M48	South Africa		11,00m	12,54m 48,52%	8
3 Pool, Jaco	M46	South Africa		6,42m	7,32m 28,32%	6

M50 Weight Throw

Name	Age	Team	Seed	Finals	Age-Grading	Points
1 Venter, Martin	M53	South Africa		18,41m	18,36m 71,03%	10

AFMA Championship - 2023/11/16 to 2023/11/18**AFMA****Pilditch****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****...M50 Weight Throw**

2	Van Zyl, Awie	M50	South Africa	17,17m	17,13m	66,24%	8
3	Swanepoel, Jan	M52	South Africa	16,13m	16,09m	62,23%	6
4	Watson, Rowan	M53	South Africa	15,99m	15,95m	61,69%	5

M55 Weight Throw

Name	Age	Team	Seed	Finals	Age-Grading	Points
1 Van Rensburg, Tone	M58	South Africa		14,85m	15,89m 61,47%	10
2 Van der Walt, Stephen-Jo	M55	South Africa		8,62m	9,22m 35,68%	8

M60 Weight Throw

Name	Age	Team	Seed	Finals	Age-Grading	Points
1 Ras, Peter	M61	South Africa		16,44m	16,55m 64,02%	10
2 Bezuidenhout, Vic	M61	South Africa		15,51m	15,62m 60,40%	8
3 Baranzke, Martin	M60	Germany		13,50m	13,59m 52,57%	6

M65 Weight Throw

Name	Age	Team	Seed	Finals	Age-Grading	Points
1 Kichenbrand, Stephen	M66	South Africa		16,12m	17,49m 67,65%	10

M70 Weight Throw

Name	Age	Team	Seed	Finals	Age-Grading	Points
1 Lombard, Willie	M72	South Africa		13,46m	13,81m 53,41%	10

M75 Weight Throw

Name	Age	Team	Seed	Finals	Age-Grading	Points
1 Markotter, Hein	M77	South Africa		8,32m	9,34m 36,14%	10

M35 100 Meter Sprint Decathlon

Name	Age	Team	Finals	Wind	Age-Grading	Points
1 Breytenbach, Eben	M38	South Africa	12,34	1.6	12,34 77,63%	586

M55 100 Meter Sprint Decathlon

Name	Age	Team	Finals	Wind	Age-Grading	Points
1 Scheepers, Anton	M55	South Africa	12,97	1.6	11,32 84,66%	791
2 Bartleman, Andre	M57	South Africa	15,74	1.6	13,74 69,76%	350

AFMA Championship - 2023/11/16 to 2023/11/18**AFMA****Pilditch****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****M70 100 Meter Sprint Decathlon**

Name	Age Team	Finals	Wind	Age-Grading	Points
1 Raig, Ivar	M70 Estonia	15,10	1.6	11,87 80,73%	677

W35 200 Meter Sprint Heptathlon

Name	Age Team	Finals	Wind	Age-Grading	Points
1 Re, Bianca	W36 South Africa	26,81	NWI	26,82 80,68%	727

W50 200 Meter Sprint Heptathlon

Name	Age Team	Finals	Wind	Age-Grading	Points
1 Staal, Michelle	W51 South Africa	30,97	-2.1	28,00 77,27%	631

W55 200 Meter Sprint Heptathlon

Name	Age Team	Finals	Wind	Age-Grading	Points
1 Munnik, Philna	W55 South Africa	34,46	-2.1	29,89 72,37%	490

M35 400 Meter Sprint Decathlon

Name	Age Team	Finals	Age-Grading	Points
1 Breytenbach, Eben	M38 South Africa	55,88	54,90 78,38%	603

M55 400 Meter Sprint Decathlon

Name	Age Team	Finals	Age-Grading	Points
1 Scheepers, Anton	M55 South Africa	1:03,13	54,40 79,11%	623
2 Bartleman, Andre	M57 South Africa	1:26,08	1:14,17 58,02%	63

M70 400 Meter Sprint Decathlon

Name	Age Team	Finals	Age-Grading	Points
1 Raig, Ivar	M70 Estonia	1:10,38	54,69 78,69%	611

W35 800 Meter Sprint Heptathlon

Name	Age Team	Finals	Age-Grading	Points
1 Re, Bianca	W36 South Africa	2:21,36	2:20,36 81,23%	819

W50 800 Meter Sprint Heptathlon

Name	Age Team	Finals	Age-Grading	Points
1 Staal, Michelle	W51 South Africa	2:40,77	2:21,71 80,46%	800

AFMA Championship - 2023/11/16 to 2023/11/18**AFMA****Pilditch****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****W55 800 Meter Sprint Heptathlon**

Name	Age Team	Finals	Age-Grading Points
1 Munnik, Philna	W55 South Africa	3:17,71	2:46,71 68,39% 498

M35 1500 Meter Run Decathlon

Name	Age Team	Finals	Age-Grading Points
1 Breytenbach, Eben	M38 South Africa	5:16,22	5:11,45 66,14% 496

M55 1500 Meter Run Decathlon

Name	Age Team	Finals	Age-Grading Points
1 Scheepers, Anton	M55 South Africa	5:19,89	4:32,78 75,52% 726
2 Bartleman, Andre	M57 South Africa	7:02,53	6:00,30 57,18% 263

M70 1500 Meter Run Decathlon

Name	Age Team	Finals	Age-Grading Points
1 Raig, Ivar	M70 Estonia	6:18,64	4:41,94 73,07% 668

W50 80 Short Hurdles Heptathlon

Name	Age Team	Finals	Wind	Age-Grading Points
1 Staal, Michelle	W51 South Africa	14,66	-1.9	14,67 83,29% 886

W55 80 Short Hurdles Heptathlon

Name	Age Team	Finals	Wind	Age-Grading Points
1 Munnik, Philna	W55 South Africa	19,25	-1.9	19,26 63,43% 366

M70 80 Short Hurdles Decathlon

Name	Age Team	Finals	Wind	Age-Grading Points
1 Raig, Ivar	M70 Estonia	16,47	0.8	16,48 78,38% 680

W35 100 Short Hurdles Heptathlon

Name	Age Team	Finals	Wind	Age-Grading Points
1 Re, Bianca	W36 South Africa	20,92	-1.0	20,93 58,37% 230

M55 100 Short Hurdles Decathlon

Name	Age Team	Finals	Wind	Age-Grading Points
1 Scheepers, Anton	M55 South Africa	16,41	0.2	16,42 78,67% 686
2 Bartleman, Andre	M57 South Africa	21,50	0.2	21,51 60,05% 240

AFMA Championship - 2023/11/16 to 2023/11/18**AFMA****Pilditch****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****M35 110 Short Hurdles Decathlon**

Name	Age Team	Finals	Wind	Age-Grading	Points
1 Breytenbach, Eben	M38 South Africa	19,69	NWI	19,70 65,57%	373

W35 High Jump Heptathlon

Name	Age Team	Finals	Age-Grading	Points
1 Re, Bianca	W36 South Africa	1,45m	1,47m 70,73%	588

W50 High Jump Heptathlon

Name	Age Team	Finals	Age-Grading	Points
1 Staal, Michelle	W51 South Africa	1,39m	1,64m 78,53%	783

W55 High Jump Heptathlon

Name	Age Team	Finals	Age-Grading	Points
1 Munnik, Philna	W55 South Africa	1,10m	1,36m 65,48%	470

M35 High Jump Decathlon

Name	Age Team	Finals	Age-Grading	Points
1 Breytenbach, Eben	M38 South Africa	1,58m	1,60m 65,29%	464

M55 High Jump Decathlon

Name	Age Team	Finals	Age-Grading	Points
1 Scheepers, Anton	M55 South Africa	1,46m	1,80m 73,37%	627
2 Bartleman, Andre	M57 South Africa	1,40m	1,72m 70,35%	560

M70 High Jump Decathlon

Name	Age Team	Finals	Age-Grading	Points
1 Raig, Ivar	M70 Estonia	1,37m	1,97m 80,59%	776

M35 Pole Vault Decathlon

Name	Age Team	Finals	Age-Grading	Points
1 Breytenbach, Eben	M38 South Africa	3,00m	3,03m 49,18%	364

M55 Pole Vault Decathlon

Name	Age Team	Finals	Age-Grading	Points
1 Scheepers, Anton	M55 South Africa	3,00m	3,86m 62,50%	579
-- Bartleman, Andre	M57 South Africa	DNF		

AFMA Championship - 2023/11/16 to 2023/11/18**AFMA****Pilditch****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****M70 Pole Vault Decathlon**

Name	Age Team	Finals	Age-Grading Points
1 Raig, Ivar	M70 Estonia	2,10m	3,37m 54,69% 449

W35 Long Jump Heptathlon

Name	Age Team	Finals	Wind	Age-Grading Points
1 Re, Bianca	W36 South Africa	4,54m	1.2	4,68m 63,14% 474

W50 Long Jump Heptathlon

Name	Age Team	Finals	Wind	Age-Grading Points
1 Staal, Michelle	W51 South Africa	4,43m	1.2	5,41m 72,98% 674

W55 Long Jump Heptathlon

Name	Age Team	Finals	Wind	Age-Grading Points
1 Munnik, Philna	W55 South Africa	3,68m	1.1	4,77m 64,34% 498

M35 Long Jump Decathlon

Name	Age Team	Finals	Wind	Age-Grading Points
1 Breytenbach, Eben	M38 South Africa	5,99m	NWI	6,22m 69,49% 635

M55 Long Jump Decathlon

Name	Age Team	Finals	Wind	Age-Grading Points
1 Scheepers, Anton	M55 South Africa	5,22m	NWI	6,81m 76,09% 769
2 Bartleman, Andre	M57 South Africa	3,70m	NWI	4,82m 53,94% 348

M70 Long Jump Decathlon

Name	Age Team	Finals	Wind	Age-Grading Points
1 Raig, Ivar	M70 Estonia	4,23m	NWI	6,67m 74,60% 736

W35 Shot Put Heptathlon

Name	Age Team	Finals	Age-Grading Points
1 Re, Bianca	W36 South Africa	11,45m	11,87m 55,88% 653

W35 Shot Put Throws Pentathlon

Name	Age Team	Finals	Age-Grading Points
1 Killian, Ursula	W36 South Africa	11,42m	11,84m 55,73% 651

AFMA Championship - 2023/11/16 to 2023/11/18**AFMA****Pilditch****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****W40 Shot Put Throws Pentathlon**

Name	Age Team	Finals	Age-Grading	Points
1 Gerstner, Juanita	W40 South Africa	9,88m	11,03m 51,92%	597
2 Albertyn, Este	W40 South Africa	9,09m	10,14m 47,77%	539

W45 Shot Put Throws Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Strauss, Michelle	W49 South Africa	9,50m	11,45m 53,95%	625
2 De Villiers, Azel	W48 South Africa	9,31m	11,22m 52,87%	610
3 Blaauw, Anja	W49 South Africa	7,85m	9,46m 44,58%	494

W50 Shot Put Heptathlon

Name	Age Team	Finals	Age-Grading	Points
1 Staal, Michelle	W51 South Africa	8,48m	9,60m 45,23%	503

W50 Shot Put Throws Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Jordaan, Antonette	W51 South Africa	10,70m	12,12m 57,07%	669
2 Fleming, Daleen	W51 South Africa	10,05m	11,38m 53,60%	620
3 Cilliers, Angela	W54 South Africa	8,50m	9,63m 45,33%	505
4 Messias, Louise	W54 South Africa	8,40m	9,51m 44,80%	497
5 Scholtz, Gloria	W54 South Africa	7,48m	8,47m 39,89%	430

W55 Shot Put Heptathlon

Name	Age Team	Finals	Age-Grading	Points
1 Munnik, Philna	W55 South Africa	5,44m	6,71m 31,63%	316

W55 Shot Put Throws Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Petrenko, Svetlana	W57 Other Country	10,72m	13,23m 62,33%	743
2 Knobel, Heleen	W58 South Africa	10,36m	12,79m 60,23%	713
3 Pretorius, Engelina	W58 South Africa	7,60m	9,38m 44,19%	489
4 De Bryun, Sonja	W56 South Africa	7,54m	9,30m 43,84%	484
5 Vosloo, Susanna	W55 South Africa	6,55m	8,08m 38,08%	405
6 Bezuidenhout, Elize	W57 South Africa	5,45m	6,72m 31,69%	317

W60 Shot Put Throws Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Dramat, Farieda	W64 South Africa	8,62m	11,66m 54,94%	639
2 Smit-Harmse, Corne	W61 Namibia	8,00m	10,82m 50,99%	583
3 Bratkina, Tatiana	W60 Other Country	7,26m	9,82m 46,27%	518
4 Hennop, Ansie	W61 South Africa	6,94m	9,39m 44,23%	490

AFMA Championship - 2023/11/16 to 2023/11/18**AFMA****Pilditch****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****....W60 Shot Put Throws Pentathlon**

5 Claassen, Zelda	W63	South Africa	6,56m	8,87m	41,81%	456
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W65 Shot Put Throws Pentathlon

Name	Age	Team	Finals	Age-Grading		Points
1 Gurtsieva, Olga	W65	Other Country	7,14m	10,66m	50,21%	573
2 Du Toit, Baby	W66	South Africa	6,50m	9,70m	45,71%	510

W70 Shot Put Throws Pentathlon

Name	Age	Team	Finals	Age-Grading		Points
1 Griesel, Ronel	W70	South Africa	7,40m	12,30m	57,95%	681
2 Ferreira, Mercia	W74	South Africa	6,95m	11,55m	54,42%	631
3 Durant, Marita	W72	South Africa	6,94m	11,54m	54,35%	631
4 Van Eck, Suzi	W74	South Africa	5,59m	9,29m	43,77%	483
5 Van der Walt, Miggie	W72	South Africa	5,55m	9,23m	43,46%	479
6 Du Toit, Aletta	W72	South Africa	5,15m	8,56m	40,33%	436

W75 Shot Put Throws Pentathlon

Name	Age	Team	Finals	Age-Grading		Points
1 Fourie, Ena	W75	South Africa	8,48m	12,95m	61,01%	724
2 Ludick, Ria	W76	South Africa	7,09m	10,83m	51,01%	584
3 Grobbelaar, Elize	W78	South Africa	5,70m	8,71m	41,01%	445
4 Grobler, Babsie	W79	South Africa	4,78m	7,30m	34,39%	354

W80 Shot Put Throws Pentathlon

Name	Age	Team	Finals	Age-Grading		Points
1 England, Penelope	W82	South Africa	6,53m	11,38m	53,61%	620

M35 Shot Put Throws Pentathlon

Name	Age	Team	Finals	Age-Grading		Points
1 Theron, Barend	M35	South Africa	12,02m	12,57m	54,89%	641

M35 Shot Put Decathlon

Name	Age	Team	Finals	Age-Grading		Points
1 Breytenbach, Eben	M38	South Africa	10,80m	11,29m	49,32%	563

M45 Shot Put Throws Pentathlon

Name	Age	Team	Finals	Age-Grading		Points
1 Botha, Bennie	M45	South Africa	9,25m	10,97m	47,90%	544
2 Nolte, Schalkwi	M48	South Africa	8,45m	10,02m	43,76%	487
3 Pool, Jaco	M46	South Africa	7,62m	9,04m	39,46%	428

AFMA Championship - 2023/11/16 to 2023/11/18**AFMA****Pilditch****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****M50 Shot Put Throws Pentathlon**

Name	Age Team	Finals	Age-Grading	Points
1 Venter, Martin	M53 South Africa	13,66m	15,77m 68,89%	837
2 Watson, Rowan	M53 South Africa	13,53m	15,62m 68,23%	828
3 Van Zyl, Awie	M50 South Africa	13,49m	15,58m 68,03%	825
4 Swanepoel, Jan	M52 South Africa	13,20m	15,24m 66,57%	804

M55 Shot Put Throws Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Hacker, Ian	M58 South Africa	10,72m	13,31m 58,10%	686
2 Van der Walt, Stephen-Jo	M55 South Africa	8,33m	10,34m 45,15%	506

M55 Shot Put Decathlon

Name	Age Team	Finals	Age-Grading	Points
1 Scheepers, Anton	M55 South Africa	9,67m	12,01m 52,41%	607
2 Bartleman, Andre	M57 South Africa	7,96m	9,88m 43,14%	478

M60 Shot Put Throws Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Haupt, Burton	M62 South Africa	13,42m	16,44m 71,76%	878
2 Bezuidenhout, Vic	M61 South Africa	11,76m	14,40m 62,89%	753
3 Baranzke, Martin	M60 Germany	11,01m	13,48m 58,88%	697
4 Ras, Peter	M61 South Africa	10,21m	12,50m 54,60%	637

M65 Shot Put Throws Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Kichenbrand, Stephen	M66 South Africa	10,79m	14,36m 62,73%	750
2 Myburgh, Buks	M68 Namibia	8,51m	11,33m 49,48%	566

M70 Shot Put Throws Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Lombard, Willie	M72 South Africa	10,25m	13,36m 58,34%	689

M70 Shot Put Decathlon

Name	Age Team	Finals	Age-Grading	Points
1 Raig, Ivar	M70 Estonia	10,52m	13,71m 59,87%	711

M75 Shot Put Throws Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Markotter, Hein	M77 South Africa	8,76m	12,60m 54,99%	643

AFMA Championship - 2023/11/16 to 2023/11/18**AFMA****Pilditch****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****W35 Discus Throw Throws Pentathlon**

Name	Age Team	Finals	Age-Grading	Points
1 Killian, Ursula	W36 South Africa	42,09m	42,09m 58,94%	695

W40 Discus Throw Throws Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Albertyn, Este	W40 South Africa	27,94m	29,98m 42,00%	462
2 Gerstner, Juanita	W40 South Africa	27,27m	29,26m 40,99%	448

W45 Discus Throw Throws Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Strauss, Michelle	W49 South Africa	25,53m	30,05m 42,09%	463
2 De Villiers, Azel	W48 South Africa	23,24m	27,35m 38,31%	413
3 Blaauw, Anja	W49 South Africa	20,05m	23,60m 33,05%	343

W50 Discus Throw Throws Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Fleming, Daleen	W51 South Africa	33,33m	43,15m 60,44%	716
2 Jordaan, Antonette	W51 South Africa	31,23m	40,43m 56,63%	663
3 Cilliers, Angela	W54 South Africa	25,04m	32,42m 45,40%	508
4 Messias, Louise	W54 South Africa	21,00m	27,19m 38,08%	410
5 Scholtz, Gloria	W54 South Africa	19,63m	25,41m 35,59%	377

W55 Discus Throw Throws Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Knobel, Heleen	W58 South Africa	30,63m	43,80m 61,33%	729
2 Petrenko, Svetlana	W57 Other Country	25,32m	36,20m 50,70%	581
3 De Bryun, Sonja	W56 South Africa	17,94m	25,65m 35,92%	381
4 Pretorius, Engelina	W58 South Africa	15,86m	22,67m 31,76%	326
5 Bezuidenhout, Elize	W57 South Africa	15,80m	22,59m 31,64%	325
6 Vosloo, Susanna	W55 South Africa	15,06m	21,53m 30,16%	305

W60 Discus Throw Throws Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Smit-Harmse, Corne	W61 Namibia	23,72m	37,65m 52,72%	609
2 Dramat, Farieda	W64 South Africa	20,69m	32,84m 45,99%	516
3 Hennop, Ansie	W61 South Africa	16,38m	25,99m 36,41%	387
4 Claassen, Zelda	W63 South Africa	15,87m	25,19m 35,27%	373
5 Bratkina, Tatiana	W60 Other Country	13,80m	21,90m 30,67%	312

AFMA Championship - 2023/11/16 to 2023/11/18**AFMA****Pilditch****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****W65 Discus Throw Throws Pentathlon**

Name	Age Team	Finals	Age-Grading	Points
1 Gurtsieva, Olga	W65 Other Country	24,55m	43,53m 60,96%	723
2 Du Toit, Baby	W66 South Africa	16,64m	29,51m 41,32%	453

W70 Discus Throw Throws Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Griesel, Ronel	W70 South Africa	17,17m	34,31m 48,05%	544
2 Ferreira, Mercia	W74 South Africa	16,97m	33,91m 47,50%	537
3 Durant, Marita	W72 South Africa	14,81m	29,59m 41,45%	455
4 Van Eck, Suzi	W74 South Africa	13,39m	26,75m 37,48%	402
5 Van der Walt, Miggie	W72 South Africa	13,35m	26,67m 37,36%	400
6 Du Toit, Aletta	W72 South Africa	12,09m	24,16m 33,84%	354

W75 Discus Throw Throws Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Fourie, Ena	W75 South Africa	16,80m	33,12m 46,38%	522
2 Ludick, Ria	W76 South Africa	16,20m	31,94m 44,73%	499
3 Grobler, Babsie	W79 South Africa	13,59m	26,79m 37,52%	402
4 Grobbelaar, Elize	W78 South Africa	12,44m	24,52m 34,35%	360

W80 Discus Throw Throws Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 England, Penelope	W82 South Africa	16,89m	38,48m 53,89%	625

M35 Discus Throw Throws Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Theron, Barend	M35 South Africa	31,33m	31,33m 43,60%	491

M35 Discus Throw Decathlon

Name	Age Team	Finals	Age-Grading	Points
1 Breytenbach, Eben	M38 South Africa	32,34m	32,34m 45,00%	511

M45 Discus Throw Throws Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Botha, Bennie	M45 South Africa	26,78m	29,07m 40,46%	446
2 Nolte, Schalkwi	M48 South Africa	26,43m	28,69m 39,93%	439
3 Pool, Jaco	M46 South Africa	17,06m	18,52m 25,77%	244

AFMA Championship - 2023/11/16 to 2023/11/18**AFMA****Pilditch****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****M50 Discus Throw Throws Pentathlon**

Name	Age Team	Finals	Age-Grading	Points
1 Swanepoel, Jan	M52 South Africa	46,48m	46,84m 65,19%	805
2 Watson, Rowan	M53 South Africa	44,48m	44,82m 62,38%	763
3 Van Zyl, Awie	M50 South Africa	44,00m	44,34m 61,71%	753
4 Venter, Martin	M53 South Africa	38,18m	38,47m 53,55%	634

M55 Discus Throw Throws Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Hacker, Ian	M58 South Africa	31,13m	33,84m 47,10%	541
2 Van der Walt, Stephen-Jo	M55 South Africa	22,41m	24,36m 33,91%	355

M55 Discus Throw Decathlon

Name	Age Team	Finals	Age-Grading	Points
1 Bartleman, Andre	M57 South Africa	26,07m	28,34m 39,45%	432
2 Scheepers, Anton	M55 South Africa	24,99m	27,17m 37,81%	409

M60 Discus Throw Throws Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Haupt, Burton	M62 South Africa	44,44m	42,89m 59,70%	724
2 Bezuidenhout, Vic	M61 South Africa	37,24m	35,94m 50,03%	583
3 Ras, Peter	M61 South Africa	36,23m	34,97m 48,67%	563
4 Baranzke, Martin	M60 Germany	26,55m	25,62m 35,67%	379

M65 Discus Throw Throws Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Kichenbrand, Stephen	M66 South Africa	36,86m	39,03m 54,32%	645
2 Myburgh, Buks	M68 Namibia	25,33m	26,82m 37,33%	402

M70 Discus Throw Decathlon

Name	Age Team	Finals	Age-Grading	Points
1 Raig, Ivar	M70 Estonia	28,50m	33,47m 46,58%	533

M70 Discus Throw Throws Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Lombard, Willie	M72 South Africa	30,89m	36,28m 50,49%	589

M75 Discus Throw Throws Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Markotter, Hein	M77 South Africa	24,65m	32,55m 45,30%	515

AFMA Championship - 2023/11/16 to 2023/11/18**AFMA****Pilditch****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****W35 Hammer Throw Throws Pentathlon**

Name	Age Team	Finals	Age-Grading	Points
1 Killian, Ursula	W36 South Africa	26,36m	27,87m 33,59%	356

W40 Hammer Throw Throws Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Albertyn, Este	W40 South Africa	30,74m	35,70m 43,03%	485
2 Gerstner, Juanita	W40 South Africa	21,62m	25,11m 30,26%	311

W45 Hammer Throw Throws Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Strauss, Michelle	W49 South Africa	33,04m	42,24m 50,92%	594
2 De Villiers, Azel	W48 South Africa	29,15m	37,27m 44,92%	511
3 Blaauw, Anja	W49 South Africa	22,13m	28,29m 34,10%	363

W50 Hammer Throw Throws Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Fleming, Daleen	W51 South Africa	33,98m	41,54m 50,06%	582
2 Jordaan, Antonette	W51 South Africa	33,76m	41,27m 49,73%	578
3 Cilliers, Angela	W54 South Africa	28,55m	34,90m 42,06%	471
4 Scholtz, Gloria	W54 South Africa	19,10m	23,34m 28,14%	282
-- Messias, Louise	W54 South Africa	DNF		

W55 Hammer Throw Throws Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Knobel, Heleen	W58 South Africa	40,94m	55,47m 66,85%	817
2 Petrenko, Svetlana	W57 Other Country	27,38m	37,10m 44,71%	508
3 Bezuidenhout, Elize	W57 South Africa	23,72m	32,14m 38,73%	426
4 Vosloo, Susanna	W55 South Africa	18,89m	25,59m 30,85%	318
5 Pretorius, Engelina	W58 South Africa	18,27m	24,75m 29,83%	305
-- De Bryun, Sonja	W56 South Africa	DNF		

W60 Hammer Throw Throws Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Claassen, Zelda	W63 South Africa	25,61m	38,66m 46,60%	534
2 Dramat, Farieda	W64 South Africa	24,69m	37,27m 44,92%	511
3 Hennop, Ansie	W61 South Africa	22,59m	34,10m 41,10%	458
4 Smit-Harmse, Corne	W61 Namibia	21,09m	31,84m 38,37%	421
5 Bratkina, Tatiana	W60 Other Country	17,30m	26,12m 31,48%	327

AFMA Championship - 2023/11/16 to 2023/11/18**AFMA****Pilditch****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****W65 Hammer Throw Throws Pentathlon**

Name	Age Team	Finals	Age-Grading	Points
1 Gurtsieva, Olga	W65 Other Country	26,73m	45,28m 54,57%	645
2 Du Toit, Baby	W66 South Africa	19,49m	33,01m 39,79%	440

W70 Hammer Throw Throws Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Griesel, Ronel	W70 South Africa	19,73m	37,83m 45,60%	520
2 Durant, Marita	W72 South Africa	17,81m	34,15m 41,16%	459
3 Van Eck, Suzi	W74 South Africa	16,98m	32,56m 39,24%	433
4 Du Toit, Aletta	W72 South Africa	16,64m	31,90m 38,46%	422
5 Ferreira, Mercia	W74 South Africa	16,25m	31,16m 37,55%	410
6 Van der Walt, Miggie	W72 South Africa	15,31m	29,35m 35,38%	380

W75 Hammer Throw Throws Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Fourie, Ena	W75 South Africa	25,77m	43,11m 51,96%	608
2 Grobbelaar, Elize	W78 South Africa	21,57m	36,08m 43,49%	491
3 Ludick, Ria	W76 South Africa	17,23m	28,82m 34,74%	371
4 Grobler, Babsie	W79 South Africa	16,24m	27,16m 32,74%	344

W80 Hammer Throw Throws Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 England, Penelope	W82 South Africa	25,55m	49,71m 59,91%	720

M35 Hammer Throw Throws Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Theron, Barend	M35 South Africa	30,53m	30,53m 35,98%	384

M45 Hammer Throw Throws Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Botha, Bennie	M45 South Africa	30,86m	34,53m 40,69%	449
2 Nolte, Schalkwi	M48 South Africa	29,60m	33,12m 39,03%	426
3 Pool, Jaco	M46 South Africa	17,26m	19,31m 22,76%	206

M50 Hammer Throw Throws Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Venter, Martin	M53 South Africa	50,05m	54,60m 64,36%	781
2 Van Zyl, Awie	M50 South Africa	44,79m	48,87m 57,59%	685
3 Watson, Rowan	M53 South Africa	37,15m	40,53m 47,77%	547
4 Swanepoel, Jan	M52 South Africa	37,14m	40,52m 47,76%	547

AFMA Championship - 2023/11/16 to 2023/11/18**AFMA****Pilditch****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****M55 Hammer Throw Throws Pentathlon**

Name	Age Team	Finals	Age-Grading	Points
1 Hacker, Ian	M58 South Africa	23,15m	27,27m 32,14%	332
2 Van der Walt, Stephen-Jo	M55 South Africa	18,22m	21,46m 25,30%	240

M60 Hammer Throw Throws Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Haupt, Burton	M62 South Africa	42,35m	49,58m 58,44%	697
2 Ras, Peter	M61 South Africa	40,33m	47,22m 55,65%	658
3 Bezuidenhout, Vic	M61 South Africa	35,59m	41,67m 49,11%	566
4 Baranzke, Martin	M60 Germany	34,70m	40,63m 47,88%	549

M65 Hammer Throw Throws Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Kichenbrand, Stephen	M66 South Africa	38,69m	49,77m 58,66%	700
2 Myburgh, Buks	M68 Namibia	15,67m	20,15m 23,76%	219

M70 Hammer Throw Throws Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Lombard, Willie	M72 South Africa	26,96m	34,46m 40,62%	448

M75 Hammer Throw Throws Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Markotter, Hein	M77 South Africa	19,71m	28,38m 33,45%	350

W35 Javelin Throw Heptathlon

Name	Age Team	Finals	Age-Grading	Points
1 Re, Bianca	W36 South Africa	31,78m	32,53m 45,01%	525

W35 Javelin Throw Throws Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Killian, Ursula	W36 South Africa	30,66m	31,38m 43,42%	503

W40 Javelin Throw Throws Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Gerstner, Juanita	W40 South Africa	22,25m	25,13m 34,78%	385
2 Albertyn, Este	W40 South Africa	21,85m	24,68m 34,15%	376

AFMA Championship - 2023/11/16 to 2023/11/18**AFMA****Pilditch****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****W45 Javelin Throw Throws Pentathlon**

Name	Age	Team	Finals	Age-Grading	Points
1 Strauss, Michelle	W49	South Africa	23,46m	29,31m 40,55%	464
2 Blaauw, Anja	W49	South Africa	20,62m	25,76m 35,64%	397
3 De Villiers, Azel	W48	South Africa	17,88m	22,34m 30,91%	332

W50 Javelin Throw Heptathlon

Name	Age	Team	Finals	Age-Grading	Points
1 Staal, Michelle	W51	South Africa	20,23m	25,59m 35,40%	393

W50 Javelin Throw Throws Pentathlon

Name	Age	Team	Finals	Age-Grading	Points
1 Jordaan, Antonette	W51	South Africa	20,89m	26,42m 36,56%	409
2 Scholtz, Gloria	W54	South Africa	17,52m	22,16m 30,66%	329
3 Fleming, Daleen	W51	South Africa	16,40m	20,74m 28,70%	303
4 Messias, Louise	W54	South Africa	16,28m	20,59m 28,49%	300
5 Cilliers, Angela	W54	South Africa	16,18m	20,46m 28,32%	297

W55 Javelin Throw Throws Pentathlon

Name	Age	Team	Finals	Age-Grading	Points
1 Knobel, Heleen	W58	South Africa	27,27m	38,38m 53,11%	636
2 Petrenko, Svetlana	W57	Other Country	24,84m	34,96m 48,37%	571
3 Pretorius, Engelina	W58	South Africa	18,40m	25,90m 35,83%	399
4 De Bryun, Sonja	W56	South Africa	15,95m	22,45m 31,06%	335
5 Vosloo, Susanna	W55	South Africa	11,75m	16,54m 22,88%	225
6 Bezuidenhout, Elize	W57	South Africa	11,65m	16,39m 22,69%	222

W55 Javelin Throw Heptathlon

Name	Age	Team	Finals	Age-Grading	Points
1 Munnik, Philna	W55	South Africa	8,67m	12,20m 16,88%	146

W60 Javelin Throw Throws Pentathlon

Name	Age	Team	Finals	Age-Grading	Points
1 Dramat, Farieda	W64	South Africa	15,37m	24,18m 33,46%	367
2 Bratkina, Tatiana	W60	Other Country	15,01m	23,61m 32,67%	356
3 Smit-Harmse, Corne	W61	Namibia	14,13m	22,22m 30,76%	330
4 Hennop, Ansie	W61	South Africa	12,20m	19,19m 26,56%	274
5 Claassen, Zelda	W63	South Africa	10,70m	16,83m 23,29%	230

W65 Javelin Throw Throws Pentathlon

Name	Age	Team	Finals	Age-Grading	Points
1 Du Toit, Baby	W66	South Africa	15,34m	27,12m 37,52%	422

AFMA Championship - 2023/11/16 to 2023/11/18**AFMA****Pilditch****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****...W65 Javelin Throw Throws Pentathlon**

2	Gurtsieva, Olga	W65 Other Country	13,80m	24,39m	33,76%	371
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W70 Javelin Throw Throws Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Griesel, Ronel	W70 South Africa	14,19m	28,38m 39,27%	446
2 Ferreira, Mercia	W74 South Africa	13,79m	27,58m 38,17%	431
3 Durant, Marita	W72 South Africa	11,45m	22,90m 31,69%	343
4 Van der Walt, Miggie	W72 South Africa	10,79m	21,58m 29,86%	318
5 Van Eck, Suzi	W74 South Africa	10,75m	21,50m 29,75%	317
6 Du Toit, Aletta	W72 South Africa	8,55m	17,10m 23,66%	235

W75 Javelin Throw Throws Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Ludick, Ria	W76 South Africa	12,72m	25,98m 35,95%	401
2 Fourie, Ena	W75 South Africa	11,76m	24,02m 33,24%	364
3 Grobbelaar, Elize	W78 South Africa	9,39m	19,18m 26,54%	274
4 Grobler, Babsie	W79 South Africa	9,05m	18,48m 25,58%	261

W80 Javelin Throw Throws Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 England, Penelope	W82 South Africa	13,05m	30,78m 42,59%	491

M35 Javelin Throw Decathlon

Name	Age Team	Finals	Age-Grading	Points
1 Breytenbach, Eben	M38 South Africa	37,42m	39,05m 39,66%	428

M35 Javelin Throw Throws Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Theron, Barend	M35 South Africa	34,17m	35,66m 36,22%	380

M45 Javelin Throw Throws Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Nolte, Schalkwi	M48 South Africa	30,48m	36,91m 37,48%	398
2 Botha, Bennie	M45 South Africa	28,30m	34,27m 34,80%	360
3 Pool, Jaco	M46 South Africa	16,07m	19,46m 19,76%	154

M50 Javelin Throw Throws Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Venter, Martin	M53 South Africa	37,85m	46,52m 47,25%	537
2 Van Zyl, Awie	M50 South Africa	36,60m	44,99m 45,69%	515

AFMA Championship - 2023/11/16 to 2023/11/18**AFMA****Pilditch****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****...M50 Javelin Throw Throws Pentathlon**

3	Watson, Rowan	M53	South Africa	34,74m	42,70m	43,37%	481
4	Swanepoel, Jan	M52	South Africa	25,95m	31,90m	32,39%	326

M55 Javelin Throw Decathlon

Name	Age	Team	Finals	Age-Grading	Points
1 Bartleman, Andre	M57	South Africa	29,73m	39,91m 40,53%	441
2 Scheepers, Anton	M55	South Africa	29,36m	39,41m 40,02%	434

M55 Javelin Throw Throws Pentathlon

Name	Age	Team	Finals	Age-Grading	Points
1 Van der Walt, Stephen-Jo	M55	South Africa	30,55m	41,01m 41,64%	457
2 Hacker, Ian	M58	South Africa	23,74m	31,87m 32,36%	326

M60 Javelin Throw Throws Pentathlon

Name	Age	Team	Finals	Age-Grading	Points
1 Bezuidenhout, Vic	M61	South Africa	37,25m	50,93m 51,73%	602
2 Haupt, Burton	M62	South Africa	31,98m	43,73m 44,41%	496
3 Baranzke, Martin	M60	Germany	28,19m	38,54m 39,15%	421
4 Ras, Peter	M61	South Africa	25,46m	34,81m 35,36%	367

M65 Javelin Throw Throws Pentathlon

Name	Age	Team	Finals	Age-Grading	Points
1 Kichenbrand, Stephen	M66	South Africa	44,79m	68,00m 69,06%	859
2 Myburgh, Buks	M68	Namibia	23,35m	35,45m 36,00%	377

M70 Javelin Throw Throws Pentathlon

Name	Age	Team	Finals	Age-Grading	Points
1 Lombard, Willie	M72	South Africa	28,11m	43,75m 44,43%	497

M70 Javelin Throw Decathlon

Name	Age	Team	Finals	Age-Grading	Points
1 Raig, Ivar	M70	Estonia	22,31m	34,72m 35,26%	366

M75 Javelin Throw Throws Pentathlon

Name	Age	Team	Finals	Age-Grading	Points
1 Markotter, Hein	M77	South Africa	19,02m	33,72m 34,25%	352

AFMA Championship - 2023/11/16 to 2023/11/18**AFMA****Pilditch****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****W35 Weight Throw Throws Pentathlon**

Name	Age Team	Finals	Age-Grading	Points
1 Killian, Ursula	W36 South Africa	14,41m	14,92m 58,29%	676

W40 Weight Throw Throws Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Albertyn, Este	W40 South Africa	10,73m	12,00m 46,88%	522
2 Gerstner, Juanita	W40 South Africa	10,00m	11,18m 43,69%	479

W45 Weight Throw Throws Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Strauss, Michelle	W49 South Africa	11,29m	13,69m 53,48%	611
2 De Villiers, Azel	W48 South Africa	11,22m	13,60m 53,15%	606
3 Blaauw, Anja	W49 South Africa	7,56m	9,16m 35,81%	375

W50 Weight Throw Throws Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Fleming, Daleen	W51 South Africa	13,34m	15,39m 60,14%	701
2 Jordaan, Antonette	W51 South Africa	11,89m	13,72m 53,61%	612
3 Cilliers, Angela	W54 South Africa	9,60m	11,08m 43,28%	474
4 Scholtz, Gloria	W54 South Africa	8,23m	9,50m 37,11%	392
5 Messias, Louise	W54 South Africa	7,14m	8,24m 32,19%	328

W55 Weight Throw Throws Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Knobel, Heleen	W58 South Africa	12,55m	15,85m 61,94%	725
2 Petrenko, Svetlana	W57 Other Country	10,20m	12,88m 50,35%	568
3 Bezuidenhout, Elize	W57 South Africa	7,85m	9,91m 38,75%	414
4 De Bryun, Sonja	W56 South Africa	7,80m	9,85m 38,50%	410
5 Pretorius, Engelina	W58 South Africa	6,78m	8,56m 33,46%	344
6 Vosloo, Susanna	W55 South Africa	6,21m	7,84m 30,65%	307

W60 Weight Throw Throws Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Claassen, Zelda	W63 South Africa	11,09m	12,99m 50,76%	574
2 Smit-Harmse, Corne	W61 Namibia	10,80m	12,65m 49,43%	556
3 Dramat, Farieda	W64 South Africa	9,90m	11,59m 45,31%	501
4 Bratkina, Tatiana	W60 Other Country	8,54m	10,00m 39,08%	418
5 Hennop, Ansie	W61 South Africa	7,72m	9,04m 35,33%	369

AFMA Championship - 2023/11/16 to 2023/11/18**AFMA****Pilditch****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****W65 Weight Throw Throws Pentathlon**

Name	Age Team	Finals	Age-Grading	Points
1 Gurtsieva, Olga	W65 Other Country	10,83m	14,08m 55,00%	631
2 Du Toit, Baby	W66 South Africa	10,65m	13,84m 54,09%	619

W70 Weight Throw Throws Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Griesel, Ronel	W70 South Africa	8,80m	12,82m 50,11%	565
2 Ferreira, Mercia	W74 South Africa	8,02m	11,69m 45,67%	506
3 Du Toit, Aletta	W72 South Africa	7,96m	11,60m 45,33%	501
4 Durant, Marita	W72 South Africa	7,93m	11,55m 45,16%	499
5 Van der Walt, Miggie	W72 South Africa	7,25m	10,56m 41,29%	447
6 Van Eck, Suzi	W74 South Africa	5,66m	8,25m 32,23%	328

W75 Weight Throw Throws Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Fourie, Ena	W75 South Africa	10,25m	14,08m 55,02%	631
2 Grobbelaar, Elize	W78 South Africa	9,04m	12,42m 48,52%	544
3 Grobler, Babsie	W79 South Africa	8,60m	11,81m 46,16%	512
4 Ludick, Ria	W76 South Africa	8,39m	11,52m 45,03%	497

W80 Weight Throw Throws Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 England, Penelope	W82 South Africa	10,52m	16,66m 65,10%	768

M35 Weight Throw Throws Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Theron, Barend	M35 South Africa	12,42m	12,42m 48,03%	588

M45 Weight Throw Throws Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Nolte, Schalkwi	M48 South Africa	11,19m	12,76m 49,36%	607
2 Botha, Bennie	M45 South Africa	10,85m	12,37m 47,86%	585
3 Pool, Jaco	M46 South Africa	6,56m	7,48m 28,94%	312

M50 Weight Throw Throws Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Venter, Martin	M53 South Africa	17,75m	17,71m 68,48%	891
2 Van Zyl, Awie	M50 South Africa	17,11m	17,07m 66,01%	854
3 Swanepoel, Jan	M52 South Africa	14,92m	14,88m 57,56%	728
4 Watson, Rowan	M53 South Africa	14,79m	14,75m 57,06%	721

AFMA Championship - 2023/11/16 to 2023/11/18**AFMA****Pilditch****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****M55 Weight Throw Throws Pentathlon**

Name	Age Team	Finals	Age-Grading	Points
1 Hacker, Ian	M58 South Africa	11,47m	12,27m 47,48%	580
2 Van der Walt, Stephen-Jo	M55 South Africa	9,95m	10,65m 41,18%	488

M60 Weight Throw Throws Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Haupt, Burton	M62 South Africa	16,71m	16,82m 65,07%	839
2 Bezuidenhout, Vic	M61 South Africa	14,71m	14,81m 57,28%	724
3 Ras, Peter	M61 South Africa	14,66m	14,76m 57,09%	721
4 Baranzke, Martin	M60 Germany	13,53m	13,62m 52,69%	656

M65 Weight Throw Throws Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Kichenbrand, Stephen	M66 South Africa	16,07m	17,44m 67,44%	875
2 Myburgh, Buks	M68 Namibia	7,54m	8,18m 31,64%	351

M70 Weight Throw Throws Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Lombard, Willie	M72 South Africa	11,82m	12,13m 46,90%	572

M75 Weight Throw Throws Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Markotter, Hein	M77 South Africa	8,47m	9,51m 36,79%	425

M35 Decathlon

Name	Age Team	Seed	Finals	H#	Points
1 Breytenbach, Eben	M38 South Africa		5023		10

M55 Decathlon

Name	Age Team	Seed	Finals	H#	Points
1 Scheepers, Anton	M55 South Africa		6251		10
2 Bartleman, Andre	M57 South Africa		3175		8

M70 Decathlon

Name	Age Team	Seed	Finals	H#	Points
1 Raig, Ivar	M70 Estonia		6207		10

AFMA Championship - 2023/11/16 to 2023/11/18**AFMA****Pilditch****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****W35 Heptathlon**

Name	Age	Team	Seed	Finals	H#	Points
1 Re, Bianca	W36	South Africa		4016		10

W50 Heptathlon

Name	Age	Team	Seed	Finals	H#	Points
1 Staal, Michelle	W51	South Africa		4670		10

W55 Heptathlon

Name	Age	Team	Seed	Finals	H#	Points
1 Munnik, Philna	W55	South Africa		2784		10

W35 Throws Pentathlon

Name	Age	Team	Seed	Finals	H#	Points
1 Killian, Ursula	W36	South Africa		2881		10

W40 Throws Pentathlon

Name	Age	Team	Seed	Finals	H#	Points
1 Albertyn, Este	W40	South Africa		2384		10
2 Gerstner, Juanita	W40	South Africa		2220		8

W45 Throws Pentathlon

Name	Age	Team	Seed	Finals	H#	Points
1 Strauss, Michelle	W49	South Africa		2757		10
2 De Villiers, Azel	W48	South Africa		2472		8
3 Blaauw, Anja	W49	South Africa		1972		6

W50 Throws Pentathlon

Name	Age	Team	Seed	Finals	H#	Points
1 Jordaan, Antonette	W51	South Africa		2931		10
2 Fleming, Daleen	W51	South Africa		2922		8
3 Cilliers, Angela	W54	South Africa		2255		6
4 Scholtz, Gloria	W54	South Africa		1810		5
5 Messias, Louise	W54	South Africa		1535		4

W55 Throws Pentathlon

Name	Age	Team	Seed	Finals	H#	Points
1 Knobel, Heleen	W58	South Africa		3620		10
2 Petrenko, Svetlana	W57	Other Country		2971		8
3 Pretorius, Engelina	W58	South Africa		1863		6

AFMA Championship - 2023/11/16 to 2023/11/18**AFMA****Pilditch****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****...W55 Throws Pentathlon**

4	Bezuidenhout, Elize	W57	South Africa	1704	5
5	De Bryun, Sonja	W56	South Africa	1610	4
6	Vosloo, Susanna	W55	South Africa	1560	3

W60 Throws Pentathlon

Name	Age	Team	Seed	Finals	H#	Points
1	Dramat, Farieda	W64	South Africa	2534	10	
2	Smit-Harmse, Corne	W61	Namibia	2499	8	
3	Claassen, Zelda	W63	South Africa	2167	6	
4	Hennop, Ansie	W61	South Africa	1978	5	
5	Bratkina, Tatiana	W60	Other Country	1931	4	

W65 Throws Pentathlon

Name	Age	Team	Seed	Finals	H#	Points
1	Gurtsieva, Olga	W65	Other Country	2943	10	
2	Du Toit, Baby	W66	South Africa	2444	8	

W70 Throws Pentathlon

Name	Age	Team	Seed	Finals	H#	Points
1	Griesel, Ronel	W70	South Africa	2756	10	
2	Ferreira, Mercia	W74	South Africa	2515	8	
3	Durant, Marita	W72	South Africa	2387	6	
4	Van der Walt, Miggie	W72	South Africa	2024	5	
5	Van Eck, Suzi	W74	South Africa	1963	4	
6	Du Toit, Aletta	W72	South Africa	1948	3	

W75 Throws Pentathlon

Name	Age	Team	Seed	Finals	H#	Points
1	Fourie, Ena	W75	South Africa	2849	10	
2	Ludick, Ria	W76	South Africa	2352	8	
3	Grobbelaar, Elize	W78	South Africa	2114	6	
4	Grobler, Babsie	W79	South Africa	1873	5	

W80 Throws Pentathlon

Name	Age	Team	Seed	Finals	H#	Points
1	England, Penelope	W82	South Africa	3224	10	

M35 Throws Pentathlon

Name	Age	Team	Seed	Finals	H#	Points
1	Theron, Barend	M35	South Africa	2484	10	

AFMA Championship - 2023/11/16 to 2023/11/18**AFMA****Pilditch****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****M45 Throws Pentathlon**

Name	Age	Team	Seed	Finals	H#	Points
1 Botha, Bennie	M45	South Africa		2384		10
2 Nolte, Schalkwi	M48	South Africa		2357		8
3 Pool, Jaco	M46	South Africa		1344		6

M50 Throws Pentathlon

Name	Age	Team	Seed	Finals	H#	Points
1 Venter, Martin	M53	South Africa		3680		10
2 Van Zyl, Awie	M50	South Africa		3632		8
3 Watson, Rowan	M53	South Africa		3340		6
4 Swanepoel, Jan	M52	South Africa		3210		5

M55 Throws Pentathlon

Name	Age	Team	Seed	Finals	H#	Points
1 Hacker, Ian	M58	South Africa		2465		10
2 Van der Walt, Stephen-Jo	M55	South Africa		2046		8

M60 Throws Pentathlon

Name	Age	Team	Seed	Finals	H#	Points
1 Haupt, Burton	M62	South Africa		3634		10
2 Bezuidenhout, Vic	M61	South Africa		3228		8
3 Ras, Peter	M61	South Africa		2946		6
4 Baranzke, Martin	M60	Germany		2702		5

M65 Throws Pentathlon

Name	Age	Team	Seed	Finals	H#	Points
1 Kichenbrand, Stephen	M66	South Africa		3829		10
2 Myburgh, Buks	M68	Namibia		1915		8

M70 Throws Pentathlon

Name	Age	Team	Seed	Finals	H#	Points
1 Lombard, Willie	M72	South Africa		2795		10

M75 Throws Pentathlon

Name	Age	Team	Seed	Finals	H#	Points
1 Markotter, Hein	M77	South Africa		2285		10

AFMA Championship - 2023/11/16 to 2023/11/18**AFMA****Pilditch****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****M45 20 Mile Race Walk**

Name	Age Team	Seed	Finals	Age-Grading Points
1 Michel, Mbah	M45 Camaroon		1:57:12,00	10

M55 20 Mile Race Walk

Name	Age Team	Seed	Finals	Age-Grading Points
1 Reynolds, Keith	M56 South Africa		2:06:58,00	10
2 Jeftra, Nicholas	M55 South Africa		2:23:58,00	8
3 Eykenduyn, Ronald	M55 South Africa		2:28:14,00	6

M65 20 Mile Race Walk

Name	Age Team	Seed	Finals	Age-Grading Points
1 Willemse, Jaap	M67 South Africa		2:09:21,00	10
2 Labuschagne, Danie	M68 South Africa		2:27:21,00	8
3 Schoeman, At	M67 South Africa		2:28:14,00	6

M70 20 Mile Race Walk

Name	Age Team	Seed	Finals	Age-Grading Points
1 Neethling, Dirk	M71 South Africa		2:29:31,00	10

W40 5000 Meter Race Walk

Name	Age Team	Seed	Finals	Age-Grading Points
1 van Deventer, Annelien	W44 South Africa		31:31,40	30:23,13 65,96% 10
2 Radel, Janine	W43 South Africa		32:44,78	31:33,86 63,50% 8
3 Oettle, Laurel	W41 South Africa		33:11,35	31:59,47 62,65% 6
4 Jansen, Isabel	W41 South Africa		35:21,49	34:04,91 58,81% 5

W50 5000 Meter Race Walk

Name	Age Team	Seed	Finals	Age-Grading Points
1 Padbury, Belinda	W50 South Africa		29:06,98	25:53,42 77,42% 10
2 Roussot, Bronwyn	W50 South Africa		30:43,77	27:19,49 73,35% 8
3 Nel, Miemie	W51 South Africa		31:43,09	28:12,23 71,07% 6
4 Wrethman, Margariet	W53 South Africa		35:53,72	31:55,09 62,80% 5
5 Kirstein, Judy	W52 South Africa		36:35,54	32:32,28 61,60% 4
6 Scholtz, Gloria	W54 South Africa		37:37,19	33:27,10 59,92% 3
7 Snyders, Margaret	W52 South Africa		43:40,24	38:49,92 51,62% 2

W55 5000 Meter Race Walk

Name	Age Team	Seed	Finals	Age-Grading Points
1 Horn-Botha, Deborah	W58 South Africa		32:21,75	27:30,49 72,86% 10
2 Dos Santos, Leta	W59 South Africa		35:27,46	30:08,35 66,50% 8
3 Loudon, Caryn	W57 South Africa		35:40,03	30:19,03 66,11% 6

AFMA Championship - 2023/11/16 to 2023/11/18**AFMA****Pilditch****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****...W55 5000 Meter Race Walk**

4	Dunn, Chandra-Jay	W56	South Africa	37:18,47	31:42,70	63,20%	5
5	Van der Schyf, Isabelle	W57	South Africa	39:12,86	33:19,94	60,13%	4

W60 5000 Meter Race Walk

Name	Age Team	Seed	Finals	Age-Grading	Points
1 Steenkamp, Sandra	W62 South Africa		29:38,94	24:00,41 83,49%	10
2 Botha, Ronelle	W61 South Africa		31:58,72	25:53,59 77,41%	8
3 Henning, Delmarie	W62 South Africa		32:10,63	26:03,24 76,93%	6
4 Van Wyngaard, Christiana	W63 South Africa		34:03,17	27:34,36 72,69%	5

W65 5000 Meter Race Walk

Name	Age Team	Seed	Finals	Age-Grading	Points
1 Knoetze, Magaretha	W68 South Africa		33:10,66	25:29,23 78,64%	10
2 Willemse, Lucia	W69 South Africa		38:53,88	29:52,89 67,08%	8

W70 5000 Meter Race Walk

Name	Age Team	Seed	Finals	Age-Grading	Points
1 Koekemoer, Winnie	W73 South Africa		33:39,36	24:25,66 82,05%	10
2 Blygnaut, Frieda	W73 South Africa		34:51,08	25:17,71 79,24%	8
3 Roux, Isabel	W71 South Africa		41:33,62	30:09,87 66,45%	6

W75 5000 Meter Race Walk

Name	Age Team	Seed	Finals	Age-Grading	Points
1 Meyer, Elsa	W77 South Africa		33:27,04	22:49,61 87,81%	10
2 Greyvenstein, Annatjie	W78 South Africa		33:35,02	22:55,06 87,46%	8
3 Centner, Anne	W79 South Africa		35:23,03	24:08,76 83,01%	6
4 J Van Vuuren, Elzabe	W77 South Africa		43:02,03	29:21,98 68,25%	5

W80 5000 Meter Race Walk

Name	Age Team	Seed	Finals	Age-Grading	Points
1 Tregenna, Gill	W81 South Africa		37:59,26	24:14,40 82,69%	10
2 Howard-Davies, Elizabeth	W80 South Africa		47:46,70	30:29,25 65,74%	8

M45 5000 Meter Race Walk

Name	Age Team	Seed	Finals	Age-Grading	H#	Points
1 Sikuku, Eric	M49 Ken		22:10,16	20:42,24 87,38%	2	10
2 Kirstein, Jaco	M45 South Africa		33:09,61	30:58,10 58,42%	2	8

AFMA Championship - 2023/11/16 to 2023/11/18**AFMA****Pilditch****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****M50 5000 Meter Race Walk**

Name	Age Team	Seed	Finals	Age-Grading	H#	Points
1 Meftah, Swaieh	M51 Tunisia		26:43,43	24:00,37	75,36%	1 10
2 Tchio, Jean	M51 Camaroon		29:40,52	26:39,45	67,87%	2 8
3 Goliath, Daniel	M54 South Africa		30:40,76	27:33,56	65,65%	1 6
4 Kanouni, Youssef	M50 South Africa		31:05,86	27:56,11	64,76%	1 5
5 Nieuwoudt, Theuns	M51 South Africa		38:15,30	34:21,87	52,65%	1 4

M55 5000 Meter Race Walk

Name	Age Team	Seed	Finals	Age-Grading	Points	
1 Phillips, Kevin	M59 South Africa		26:24,51	22:44,90	79,53%	10
2 Britz, Chris	M59 South Africa		28:06,67	24:12,90	74,71%	8
3 Reynolds, Keith	M56 South Africa		29:50,87	25:42,66	70,37%	6
4 Cupido, Clive	M58 South Africa		31:05,86	26:47,26	67,54%	5
5 Jeftra, Nicholas	M55 South Africa		32:40,25	28:08,56	64,29%	4
6 Eykenduyn, Ronald	M55 South Africa		33:12,93	28:36,72	63,23%	3

M60 5000 Meter Race Walk

Name	Age Team	Seed	Finals	Age-Grading	Points	
1 Oosthuizen, Frans	M61 South Africa		29:59,77	24:41,40	73,27%	10
2 Hector, Douglas	M63 South Africa		32:33,21	26:47,69	67,52%	8
3 Vosloo, Andre	M63 South Africa		32:59,68	27:09,48	66,62%	6

M65 5000 Meter Race Walk

Name	Age Team	Seed	Finals	Age-Grading	Points	
1 Meyer, Carl	M66 South Africa		29:14,74	22:55,02	78,94%	10
2 Willemse, Jaap	M67 South Africa		30:51,95	24:11,19	74,80%	8
3 Coetzee, Johann	M65 South Africa		31:18,92	24:32,33	73,73%	6
4 Labuschagne, Danie	M68 South Africa		32:18,52	25:19,03	71,46%	5
5 Mundell, Oliver	M69 South Africa		33:25,24	26:11,31	69,08%	4
6 Schoeman, At	M67 South Africa		35:27,27	27:46,93	65,12%	3

M70 5000 Meter Race Walk

Name	Age Team	Seed	Finals	Age-Grading	Points	
1 Neethling, Dirk	M71 South Africa		35:48,41	26:35,84	68,02%	10
2 Williams, Les	M73 South Africa		37:02,10	27:30,58	65,76%	8

M75 5000 Meter Race Walk

Name	Age Team	Seed	Finals	Age-Grading	Points	
1 Van den Raad, Gerard	M79 South Africa		36:03,93	25:16,92	71,56%	10
2 Redelinghuys, Wessel	M76 South Africa		36:55,97	25:53,40	69,88%	8

AFMA Championship - 2023/11/16 to 2023/11/18**AFMA****Pilditch****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****W40 10000 Meter Race Walk**

Name	Age Team	Seed	Finals	Age-Grading Points
Results - Women 40				
1 van Deventer, Annelien	W44 South Africa		1:05:25,00 1:03:25,29	65,65%
2 Oettle, Laurel	W41 South Africa		1:08:36,00 1:06:30,47	62,60%
3 Jansen, Isabel	W41 South Africa		1:28:11,00 1:25:29,63	48,70%

W50 10000 Meter Race Walk

Name	Age Team	Seed	Finals	Age-Grading Points
Results - Women 50				
1 Padbury, Belinda	W50 South Africa		58:53,00 52:28,97	79,33%
2 Nel, Miemie	W51 South Africa		1:05:28,00 58:21,03	71,35%
3 Kirstein, Judy	W52 South Africa		1:14:39,00 1:06:32,14	62,57%
-- Wrethman, Margariet	W53 South Africa		DNF	

W55 10000 Meter Race Walk

Name	Age Team	Seed	Finals	Age-Grading Points
Results - Women 55				
1 Loudon, Caryn	W57 South Africa		1:13:58,00 1:02:54,52	66,18%
2 Van der Schyf, Isabelle	W57 South Africa		1:19:17,00 1:07:25,83	61,74%

W60 10000 Meter Race Walk

Name	Age Team	Seed	Finals	Age-Grading Points
Results - Women 60				
1 Henning, Delmarie	W62 South Africa		1:06:09,00 53:29,74	77,83%
2 Botha, Ronelle	W61 South Africa		1:07:21,00 54:27,96	76,44%
3 Scheepers, Celeste	W63 South Africa		1:10:59,00 57:24,26	72,53%

W65 10000 Meter Race Walk

Name	Age Team	Seed	Finals	Age-Grading Points
Results - Women 65				
1 Knoetze, Magaretha	W68 South Africa		1:07:11,00 51:26,95	80,92%
2 Willemse, Lucia	W69 South Africa		1:17:04,00 59:01,06	70,54%

W70 10000 Meter Race Walk

Name	Age Team	Seed	Finals	Age-Grading Points
Results - Women 70				
1 Koekemoer, Winnie	W73 South Africa		1:12:35,00 52:24,75	79,43%
2 Roux, Isabel	W71 South Africa		1:28:11,00 1:03:40,64	65,38%

AFMA Championship - 2023/11/16 to 2023/11/18**AFMA****Pilditch****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****W75 10000 Meter Race Walk**

Name	Age Team	Seed	Finals	Age-Grading	Points
Results - Women 75					
1 Greyvenstein, Annatjie	W78 South Africa		1:07:31,00	45:44,15	91,03%
2 Centner, Anne	W79 South Africa		1:13:38,00	49:52,76	83,47%
3 J Van Vuuren, Elzabe	W77 South Africa		1:41:28,00	1:08:44,02	60,57%

W80 10000 Meter Race Walk

Name	Age Team	Seed	Finals	Age-Grading	Points
Results - Women 80					
1 Tregenna, Gill	W81 South Africa		1:16:13,00	48:10,14	86,43%
2 Howard-Davies, Elizabeth	W80 South Africa		1:34:36,00	59:47,24	69,64%

M45 10000 Meter Race Walk

Name	Age Team	Seed	Finals	Age-Grading	Points
Finals					
1 Sikuku, Eric	M49 Ken		46:03,00	42:54,57	86,66% 10
-- Kirstein, Jaco	M45 South Africa		DQ		

M50 10000 Meter Race Walk

Name	Age Team	Seed	Finals	Age-Grading	Points
1 Pellissier, Mark	M50 South Africa		52:40,00	47:22,43	78,49% 10
2 Goliath, Daniel	M54 South Africa		1:02:37,00	56:19,43	66,02% 8
3 Nieuwoudt, Theuns	M51 South Africa		1:16:00,00	1:08:21,73	54,39% 6

M55 10000 Meter Race Walk

Name	Age Team	Seed	Finals	Age-Grading	Points
1 Phillips, Kevin	M59 South Africa		53:55,00	46:40,87	79,65% 10
2 Britz, Chris	M59 South Africa		59:43,00	51:42,17	71,92% 8
3 Scott, Wayne	M59 South Africa		1:07:12,00	58:10,91	63,91% 6

M60 10000 Meter Race Walk

Name	Age Team	Seed	Finals	Age-Grading	Points
1 Oosthuizen, Frans	M61 South Africa		1:03:27,00	52:42,48	70,55% 10
2 Vosloo, Andre	M63 South Africa		1:07:23,00	55:58,53	66,43% 8

M65 10000 Meter Race Walk

Name	Age Team	Seed	Finals	Age-Grading	Points
1 Meyer, Carl	M66 South Africa		58:38,00	46:34,00	79,85% 10
2 Coetzee, Johann	M65 South Africa		1:04:51,00	51:30,24	72,20% 8
3 Mundell, Oliver	M69 South Africa		1:06:31,00	52:49,66	70,39% 6

AFMA Championship - 2023/11/16 to 2023/11/18

AFMA

Pilditch

Results - Age Grading: 5 Yr Indiv & 5 yr Multi

M70 10000 Meter Race Walk

Name	Age Team	Seed	Finals	Age-Grading Points
1 Williams, Les	M73 South Africa		1:07:11,00	50:49,05 73,17% 10

W50 20000 Meter Race Walk

Name	Age Team	Seed	Finals	Age-Grading Points
1 Roussot, Bronwyn	W50 South Africa		2:13:20,00	10
2 Maloney, Anneline	W54 South Africa		2:45:43,00	8

W55 20000 Meter Race Walk

Name	Age Team	Seed	Finals	Age-Grading Points
1 Horn-Botha, Deborah	W58 South Africa		2:19:51,00	10
2 Dos Santos, Leta	W59 South Africa		2:30:07,00	8
-- Dunn, Chandra-Jay	W56 South Africa		DQ	

W60 20000 Meter Race Walk

Name	Age Team	Seed	Finals	Age-Grading Points
1 Steenkamp, Sandra	W62 South Africa		2:04:22,00	10

W70 20000 Meter Race Walk

Name	Age Team	Seed	Finals	Age-Grading Points
1 Blignaut, Frieda	W73 South Africa		2:29:07,00	10

W75 20000 Meter Race Walk

Name	Age Team	Seed	Finals	Age-Grading Points
1 Meyer, Elsa	W77 South Africa		2:19:11,00	1:33:30,21 90,52% 10