

EMA Calender 2026

status: 28.01.2026

- 10.01.2026 **Open** Winterhallen Haparanda (SWE)
<https://www.alatornionpirkat.fi/kilpailut>
- 17.01.2026 **Open** Estland – Int. Indoor Masters, EMA League Tartu
<https://european-masters-athletics.org/ema-league-2026-tartu-is-waiting-for-you/>
- 24.01.2026 **Open** British Masters Indoor Track CS Cardiff
Pentathlon, 3000m Open Events
<https://bmaf.org.uk/fixtures/>
- 31.01. **Open** Swiss Masters – Indoor Part 1 Magglingen <https://swissmastersathletics.ch/>
- 31.01.-01.02 **Open** Norwegian Indoor Masters Nes, Nes Arena
www.friidrett.no
- 31.01.-01.02 **Open** Danish Indoor Masters Randers <https://www.randersfreja.dk/side/2>
- 31.01.-01.02 **Open** Turkish Indoor Masters Bursa <https://taf.org.tr/>
- 01.02. **Open** Portuguese Indoor Masters Braga
https://fpaportalonline.blob.core.windows.net/portal/fpa-public/2026/01/Reg_PC_2026_PentatloVeteranos_PCurta.pdf
- 06.02.-08.02 **Open** Swedish Indoor Masters Stockholm
<https://www.friidrott.se/veteran> (but without placement and medals for foreign athletes)
- 07.02.-08.02 Romania Indoor Masters Bucharest <https://www.romanien-athletics.ro/>
- 13.02.-15.02 **Open** Championnats de France Masters Indoor Saint Briec
- https://masters.athle.fr/asp.net/espaces.news/news.aspx?id=362066&fbclid=IwB21leANz89BjbGNrA3PzBmV4dG4DYWVtAjExAAEeOI3x1L1YTUs3NJNYwskXmjp4ro4Z3ofYAPkFbkDFs96zRAvmKRp8ZQc-8Ng_aem_5G6zsM7OmDL_ECU0ZRm1ag
- 14.02. Belgium Masters Indoors Centre Sportif du Blocry, Louvain-la-Neuve
<https://www.atletiek.nu/wedstrijd/main/43552/>
- 14.02. **Open** Polski Masters Indoor Torun <https://pzlam.pl/pl/>
<https://pzlam.pl/pl/zawody/35hmpwlam/>
- 14.02.-15.02. **Open** Indoor Icelandic Masters Championships Reykjavik
<https://fri.is/motaskra/meistaramot-islands-i-eldri-aldursflokkum-4/>
you can't win a title or get a medal as foreign athlete
- 14.02.-15.02. NK Dutch Indoor Masters 2026 Apeldoorn, Omnisport
<https://www.atletiek.nl/wedstrijdsport/wedstrijden/nederlandse-kampioenschappen/>
- 20.02.-22.02 Finland Masters Indoor CS Helsinki
<https://www.saul.fi/kilpailu/saul-kilpailukalenteri/?tapahtuma=613>
- 21.02. **Open** Hungarian Indoor Masters Championships Budapest
<https://www.atletika.hu/kezdolap>
- 21.02.-22.02. **Open** British Masters Indoor T&F CS Lee Valley, <https://bmaf.org.uk/fixtures/>
<https://data.opentrack.run/en-gb/x/2026/GBR/bmaf-itfc/>
- 28.02. **EMA** League Nantes
<https://european-masters-athletics.org/ema-league-2026-nantes-registrations-now-open/>
- 28.02. **Open** Vorarlberger (Aut) Masters+ Swiss Part 2 Dornbirn
! Classification into age groups based on year of birth, not age on the day of the competition !
- 28.02. **Open** Swiss Masters Part 2 Dornbirn <https://swissmastersathletics.ch/>
- 05.03.-08.03 **Open** Italian Masters Indoor Championships Ancona

<https://www.fidal.it/calendario/CAMPIONATI-ITALIANI-INDOOR-MASTER-E-CAMPIONATI-ITALIANI-INVERNALI-di-LANCI/COD14448>

To register, please complete the form:

https://www.fidal.it/upload/files/Organizzazione/2026/Modulo_Richiesta_Master_Straniero_2026.pdf

and send it to sigma@fidalmarche.com

06.03.-08.03. German Masters Indoor Düsseldorf

<https://www.leichtathletik.de/wettkaempfe/termine/wettkampf-kalender/termin-detail/detail/DM-Halle-Masters-und-Winterwurf-26D0000000000006> open only for german athletes

! Classification into age groups based on year of birth, not age on the day of the competition !

06.03.-08.03. Spain Masters Indoor Antequera

open only for Spain Masters, requires a qualify result

<https://atletismorfea.es/calendario>

07.03. **Open** Croatia & Slovenia Masters Indoor Zagreb www.havu.hr

07.03. **Open** Austrian Indoor Masters CS Vienna

<https://oelv.athmin.at/event-details.aspx?event=35293&int=&returnTo=L2V2ZW50cy5hc3B4>

! Classification into age groups based on year of birth, not age on the day of the competition !

07.03. **Open** Serbia Masters Indoor Beograd <https://sas.rs/> office@sas.rs

Registration: <https://serbia.opentrack.run/sr-latn/x/2025/SRB/bamo25> until Feb 20

07.03. **EMA** League London

<https://european-masters-athletics.org/ema-league-2026-london-masters-international-indoor-event/>

07.03. **Open** Lithuanian Masters Championship Indoor Klaipeda

https://sites.google.com/view/llav/informacija?fbclid=IwY2xjawO2GZ9leHRuA2FibQIxMABicmlkETBNNjF2d3lvUDc5MVRSamU4c3J0YwZhcHBfaWQOMjlyMDM5MTc0ODIwMDg5MgABHuZPQT2bDGMuRN5OuQCC7WPIjT2Zfpr4Dmt8nuTuaLDrkizawxgf7UINAtGc_aem_OKjRJo2xcQEGRfcfTuxJYg

07.03.-08.03. **Open** British Masters Winterthrow CS Oxford, <https://bmaf.org.uk/fixtures/>

<https://data.opentrack.run/en-gb/x/2026/GBR/bmaf-wt/>

14.03.-15.03. **Open** Balkan Games Novo Mesto / Slovenia

<https://balkanmasters.com/>

14.03. **Open** CZE & SVK Indoor Masters Ostrava

https://www.atletika-veterani.cz/wp-content/uploads/2025/12/Prop_20260314_HMCR.pdf

22.03. **Open** Austrian 10k race walking championships Salzburg – Rif

<https://oelv.athmin.at/event-details.aspx?event=35589&int=&returnTo=L2V2ZW50cy5hc3B4>

27.03.-02.04. **European** Masters Championships Indoor Torun

<https://emaci2026.com/>

30.04.-03.05. **European** Masters Athletics Non Stadia CS Catania

<https://www.goalandbrain.com/>

Outdoor:

14.05. **Open** Swiss masters outdoor Part 1 Kreuzlingen <https://swissmastersathletics.ch/>

22.-24.05. **EMA** Speed Masters Athletics Challenge Shkodar – Albania

<https://speed-masters-athletics.com/>

13.06. **Open** CZ Masters Decin or Rumburk or Kolin

<https://www.atletika-veterani.cz/kalendar/>

13.06.-14.06. **EMA** League Lonon Lee Valley (GBR & NI)

<https://european-masters-athletics.org/ema-league-2026/>

26.06.-28.06. **World** Masters Mountain Running CS Janske Lazne

<https://world-masters-athletics.org/championships/2026-world-masters-mountain-running-championships/>

26.06.-28.06. Spain Masters CS city not confirmed yet

open only for Spain Masters, requires a qualify result

26.06.-28.06. Finland Masters Outdoor CS Turku

27.06.-28.06.	EMA League	Catania Italy
	https://european-masters-athletics.org/ema-league-2026/	
03.07.-05.07	EMA Speed Masters Athletics Challenge	Thessaloniki – Greece
	https://speed-masters-athletics.com/	
04.07.-05.07	Nordic Masters Championships	Oslo
	https://fri.is/motaskra/nordurlandameistaramotid-utanhuss-i-masters-flokkum/	
04.07.	Open Croatia Masters Outdoor	Karlovac https://www.havu.hr/
17.07.-19.07.	German Masters CS	Mönchengladbach
	! Classification into age groups based on year of birth, not age on the day of the competition !	
17.07.-19.07	Open Polski Masters	Warsaw or Inowrozlaw https://pznam.pl/pl/
17.07.-19.07.	Open British Masters CS https://bmaf.org.uk/fixtures/	date and city not confirmed yet
18.07.	Open Slovak Masters Championships	Nové Zámky
	https://www.masterstrack.sk/	
18.07-19.07	Open Turkish Outdoor Masters	Eskişehir https://taf.org.tr/
19.07.	Open Lithuanian Masters Championship Outdoor	Marijampolė
24.07.-26.07.	Open Masters Europe Lovosice 2026	Lovosice CZE
	https://www.maelo.cz	
07.08.-09.08	Open Swedish Outdoor Masters	Östersund
	https://www.friidrott.se/veteran (but without placement and medals for foreign athletes)	
08.08.-09.08	Romania Outdoor masters	Bucharest
15.08.-16.08.	Open Danish Masters CS	not specified yet, https://dansk-atletik.dk/
22.08.-23.08.	Open Iceland Masters CS (M/W 30)	Selfossvöllur
	https://fri.is/motaskra/meistaramot-islands-i-eldri-aldursflokkum-5/	
	you can't win a title or get a medal as foreign athlete	
22.08.-03.09	World Masters Championships	DAEGU / South Korea
	https://www.wmac2026.com/kr/	
23.08.	EMA League	London Weir Archer (GBR & NI)
	https://european-masters-athletics.org/ema-league-2026/	
05.09.	EMA League	Liepaja (Latvia)
	https://european-masters-athletics.org/ema-league-2026/	
10.09.-13.09	EMORRC2026 (off road running)	Rasnov (Rou)
	https://european-masters-athletics.org/emorrc-2026-assigned-to-rasnov-rom/	
12.09.	EMA League	Klaipeda (Lithuania)
	https://european-masters-athletics.org/ema-league-2026/	
12.09.	EMA League	Bellinzona (Switzerland)
	https://european-masters-athletics.org/ema-league-2026/	
17.09.-20.09.	Open Balkan Masters Games	Craiova / Romania
18.09.-20.09	Open Italien Matsres Outdoor Championships	location to be determined www.fidal.it
	To register, please complete the form: https://www.fidal.it/upload/files/Organizzazione/2026/Modulo_Richiesta_Master_Straniero_2026.pdf and send it to sigma@fidalmarche.com	
19.09.-20.09.	Open International Austrian Masters CS	Götzis (decathlon Mekka)
	https://oelv.athmin.at/event-details.aspx?event=35650&int=&returnTo=L2V2ZW50cy5hc3B4	
	! Classification into age groups based on year of birth, not age on the day of the competition !	
19.09.-20.09.	Open Dansk Throws Pentathlon CS	Aabenraa
21.9.	Belgium Masters	Merksem
	https://www.atletiek.be/competitie/atleten/outdoor-piste	
11.10.	WMA Masters Marathon Championships	Zagreb
	https://www.havu.hr/	

Greece – no indoor Championships

Portugal

https://fpaportalonline.blob.core.windows.net/portalfpa-public/2025/12/Calendario-2025_26_versao-29_12_2025-1.pdf